1. **bronchoscopy**  
   a procedure in which a flexible tube is inserted into the nose or mouth and through the trachea to view the lungs.

2. **chest physiotherapy**  
   a variety of techniques used to eliminate secretions, re-expand lung tissue, and promote efficient use of respiratory muscles

3. **holistic**  
   an approach to health care that treats both the mind and body

4. **intervention**  
   an active treatment process, such as an exercise program to improve muscle extension.

5. **modality**  
   a treatment tool

6. **modality examples**  
   hot or cold pack, whirlpool, nerve stimulation, ultrasound, or traction

7. **polysomnography**  
   the diagnosis of sleep disorders

8. **rehabilitation**  
   the restoration, after disease or injury, of the ability to function in a normal or near normal manner.

9. **respiratory therapy**  
   the treatment of patients with breathing and other cardiopulmonary disorders by a respiratory therapist

10. **spirometry**  
    a medical test in which a patient breathes into a machine (spirometer) to test lung function.