

Our Daily Schedule

7.00am

Morning routine: Breakfast, get dressed, tidy up, exercise



9.30am

School: reading, writing, maths, music



11.00am

Snack and break



11.30am

Arts and craft or board game



12.30pm

Lunch and screen time



2.00pm

Independent play inside
Outside play, walk or ride



5.00pm

Evening routine: showers, tidy up, dinner



7.00pm

Books and bed

