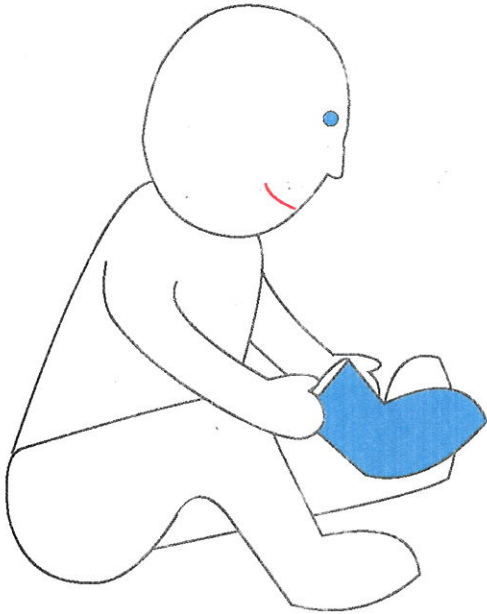
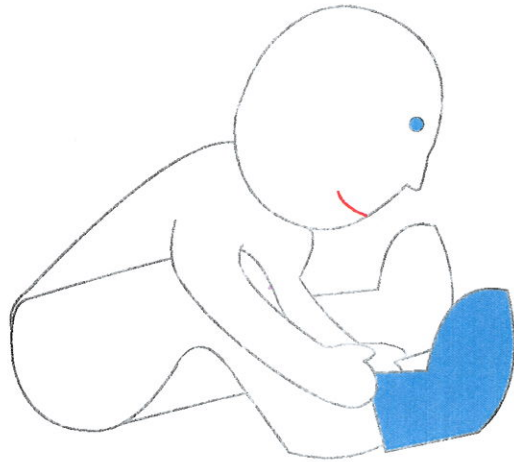


# Putting on Socks

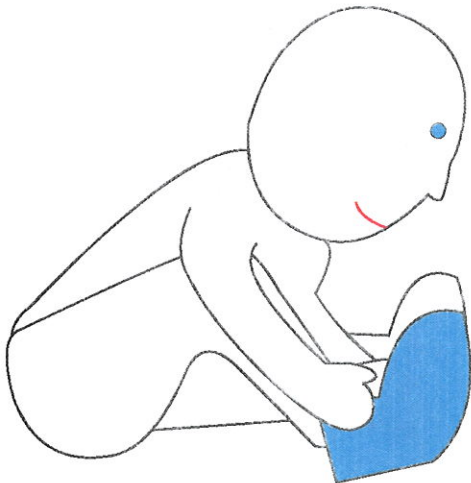
Hold sock with  
two hands  
and bend knee



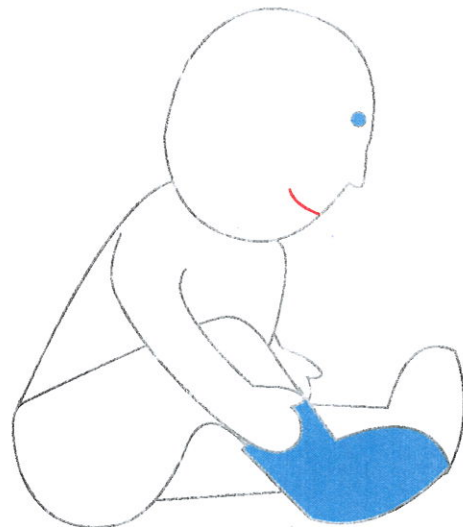
Put sock over toes.



Lift foot and pull sock  
over heel



Pull sock up

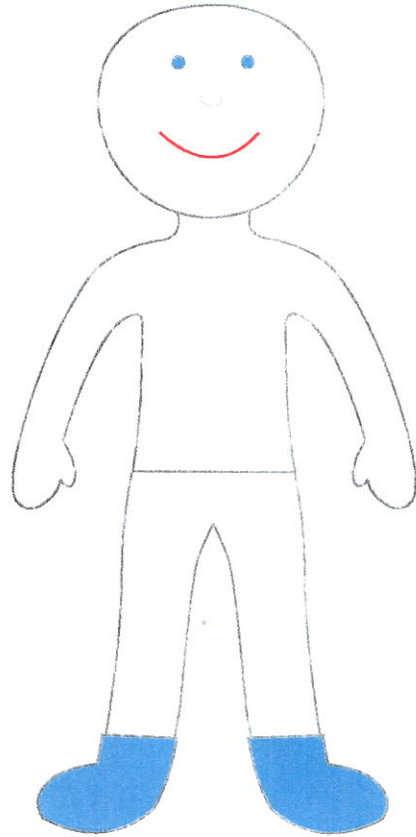


# Putting on Socks

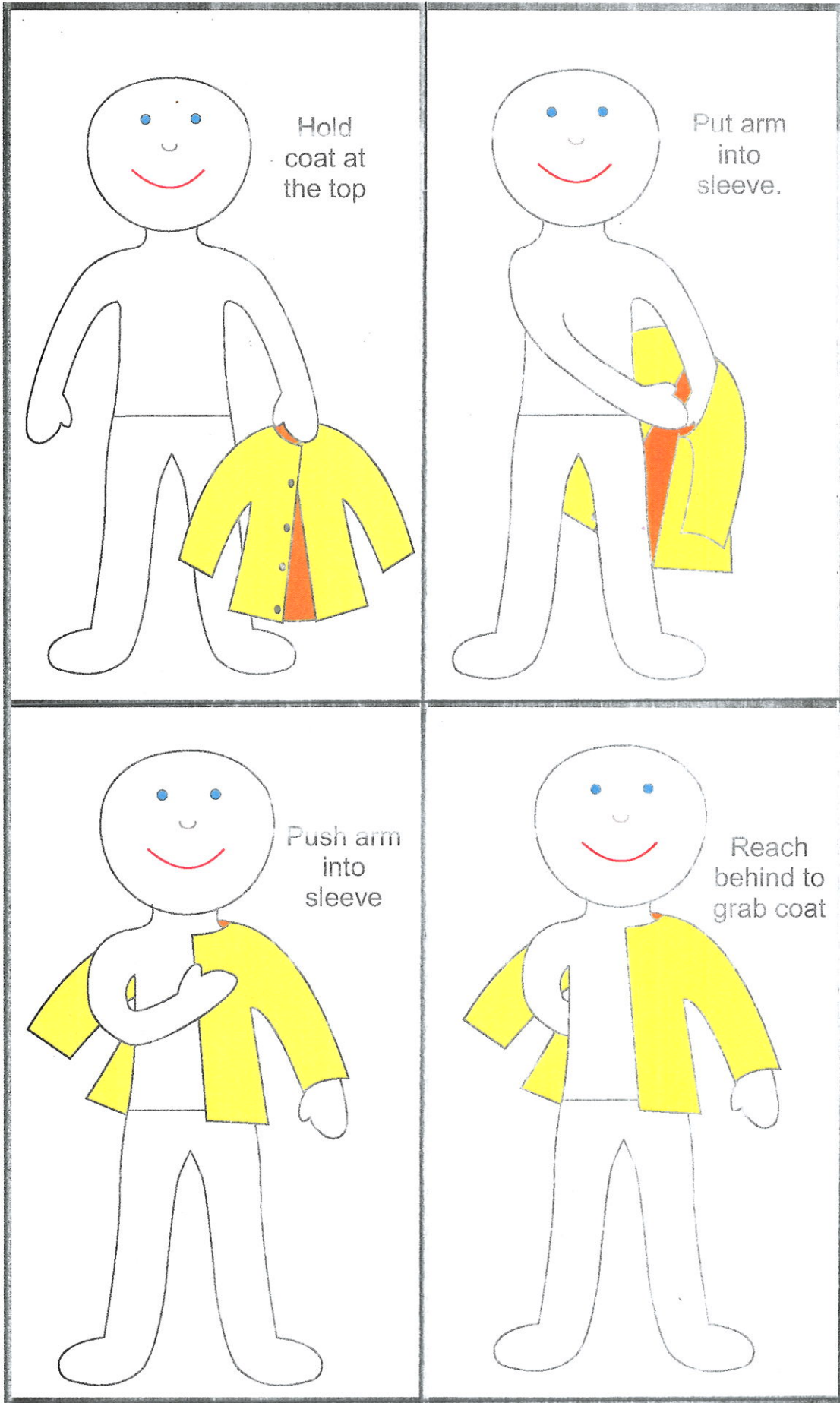
Repeat on other foot



Wearing socks

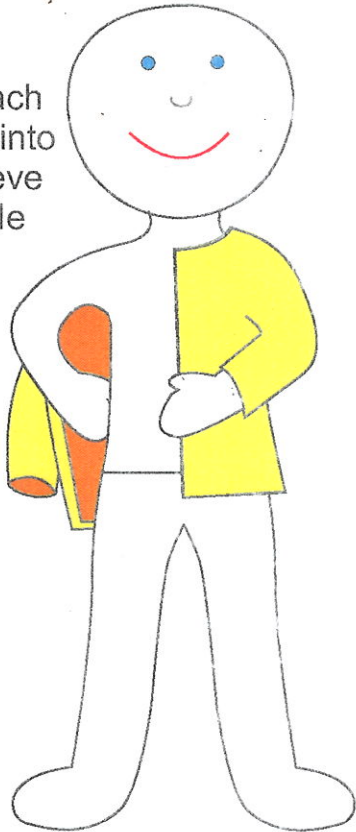


# Putting on Coat

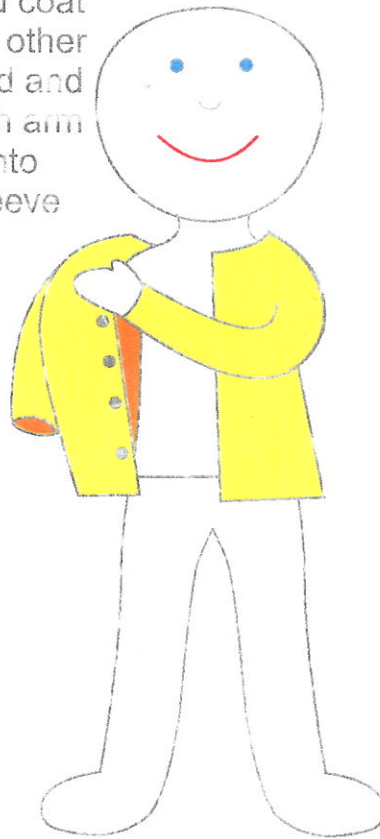


# Putting on Coat

Reach  
arm into  
sleeve  
hole



Hold coat  
with other  
hand and  
push arm  
into  
sleeve



Put coat  
all the  
way on

