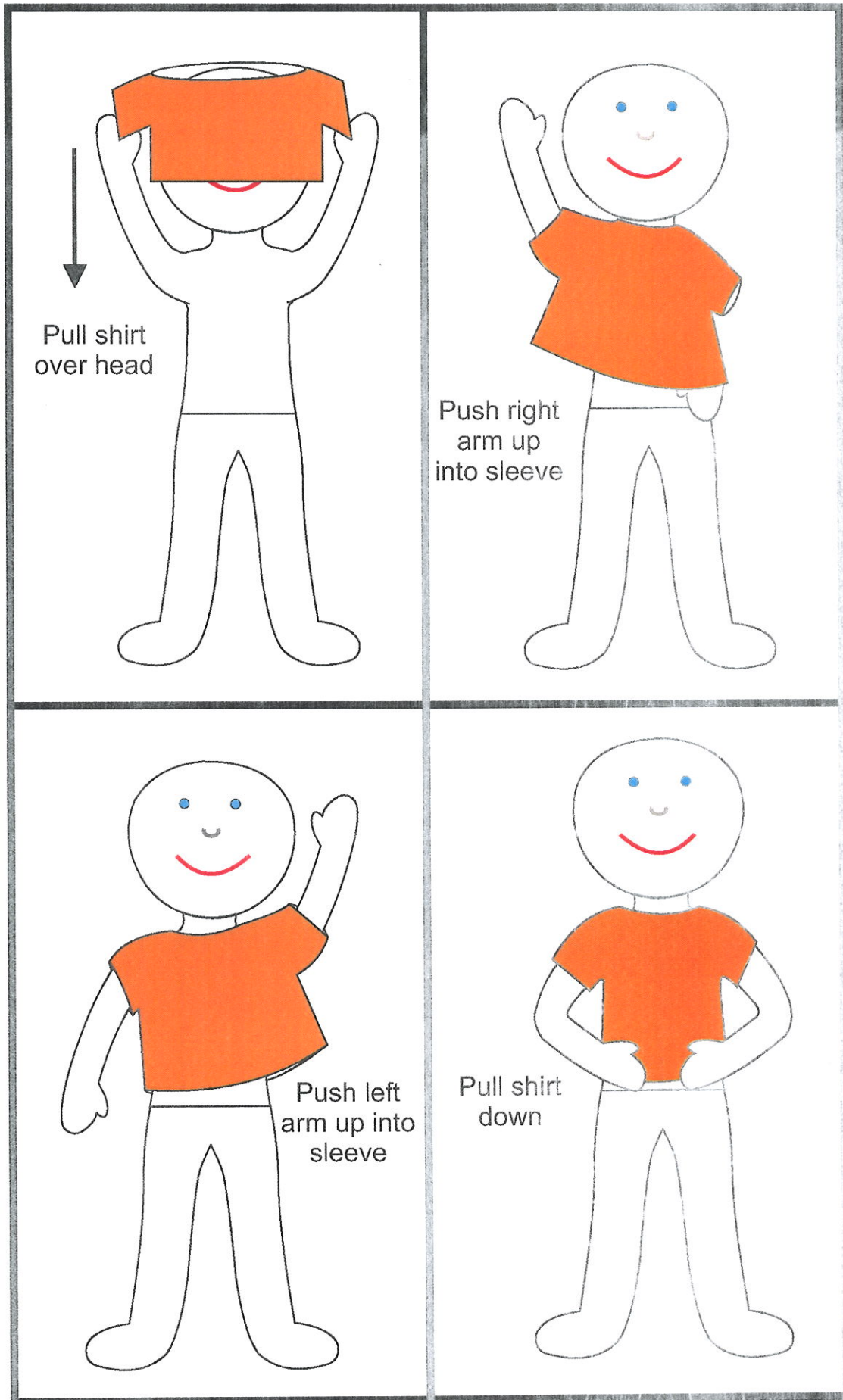


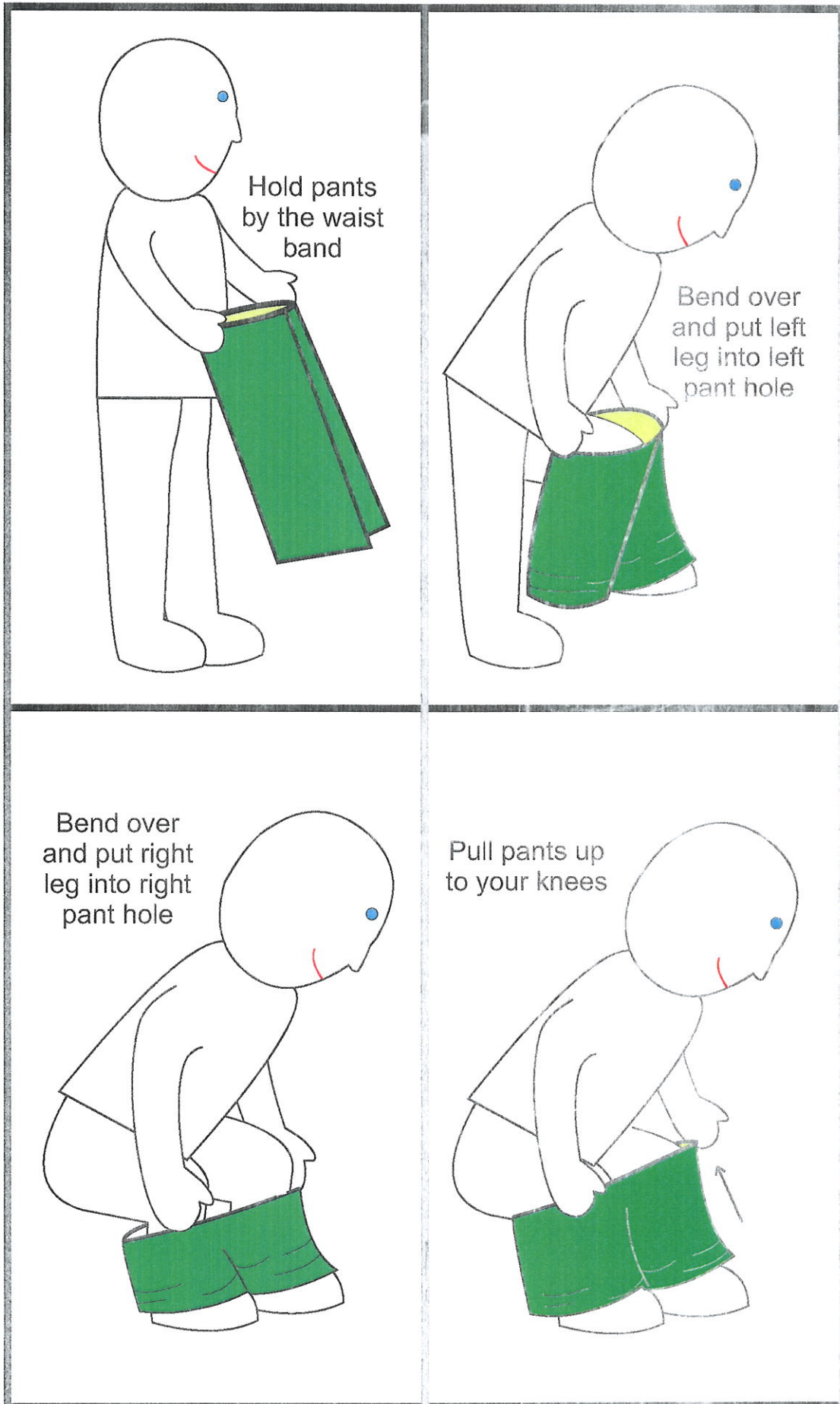
Putting on Shirt



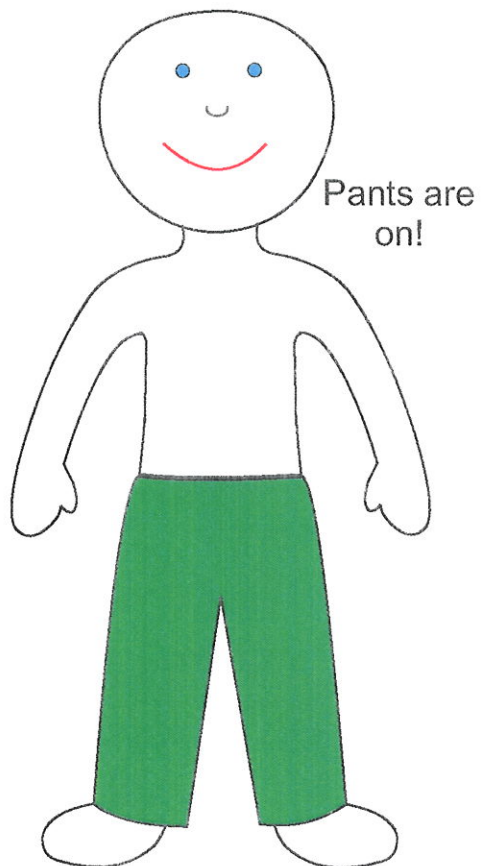
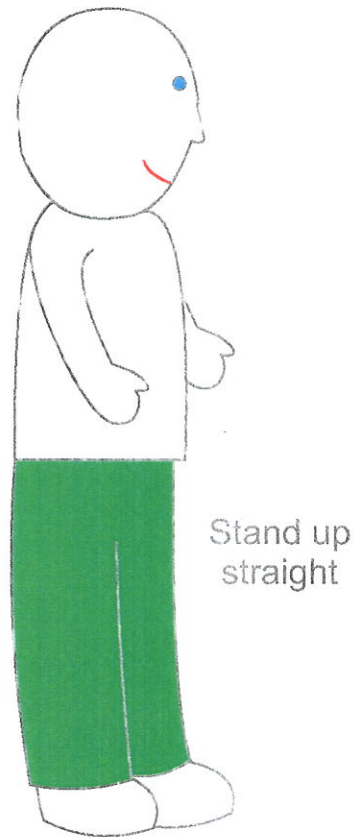
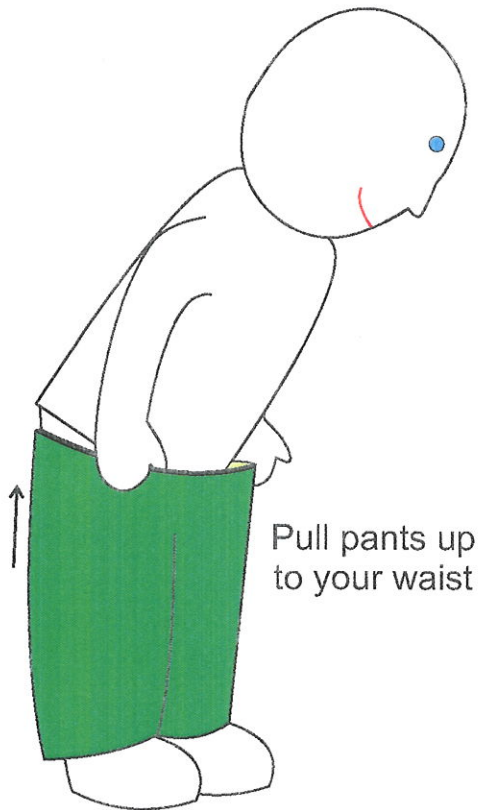
Tips for Putting on Shirts:

- Start with short sleeved shirts.
- Begin with shirts with large openings for the head - i.e. stretched out t-shirt, half zip shirts
- Progress to button up shirts.

Putting on Pants in Standing



Putting on Pants in Standing



Tips for Putting on Pants in Standing:

- start out with shorts instead of pants
- begin practicing with elastic pants, shorts or skirts
- progress to pants with zippers, buttons or pants
- loose fitting pants are easier to put on than tight pants
- lean against the wall if necessary for balance

2" x 2" Visual Sequences

