

Spring 2015 Courses

101 Parent to Parent– Available in Spanish and English

Ever feel like you are alone parenting? Our parenting skills classes are designed to aid parents and teach skills helpful in everyday parenting. Within this ten week program, interactive group sessions are conducted on core topics such as: building a child's self-esteem, proper methods of discipline, and creating age-appropriate rules and boundaries. Because every parent's needs are different, outside of the core topics, the remainder of the activities are catered to the needs/goals of the group.

Facilitator: ASun Star Consulting

Time: Thursday 5:30 to 7:30

Location: Rosa Parks Community School

Participates Limited to 12

102 Padres a Padres, disponible en español y en inglés

Nunca te sientes como si estuvieras solo como padres? Nuestras clases de preparación para padres están diseñadas para ayudarlos y enseñarles habilidades útiles en la vida diaria. Dentro de este programa de 10 semanas, son varios períodos de sesiones de grupos interactivos, se llevarán a cabo temas fundamentales como: la construcción del autoestima del niño, los métodos adecuados de la disciplina y la creación adecuada a la edad de normas y límites. Porque cada uno de los padres tiene necesidades diferentes, fuera de los temas principales, el resto de las actividades se atenderán de acuerdo a las necesidades y objetivos del grupo.

Facilitador: Asun Star Consulting

Hora: Jueves 5:30 PM a 7:30PM

Ubicación: Rosa Parks Escuela Comunitaria

Participación limitada a 12

103 English Language for Adults

Want to improve your English? Classes for English Language Learners are offered for all English Language Learners no matter what your heritage language is. There is a morning and evening session. Each session is 3 days per week for 3 hours per day on Tuesday, Wednesday and Thursday. A literacy test for language proficiency placement is required at registration. Registration is ongoing until the class is filled!

Facilitator: Jewish Vocational Services

Time: Tuesday, Wednesday and Thursday Starting March 3

Morning classes: 9:00am to 12:00pm

Evening classes: 5:30pm to 8:30pm

Location: Orange Public Library for morning classes

Rosa Parks Community School for evening classes

Participates Limited to 25/class

103 Inglés para Adultos

Quieres mejorar tu inglés? Las clases para los estudiantes del idioma inglés se ofrecen para todos los estudiantes, no importa cuál sea su patrimonio lingüístico. Hay por la mañana y tarde. Cada sesión es de 3 días a la semana por 3 horas diarias, Martes, Miércoles y Jueves. Una prueba de alfabetización y conocimientos de idiomas es necesario para colocarlo en el momento de la inscripción. Regístrate del curso hasta que la clase se llene! Facilitador: Jewish Vocational Services

Hora: Martes, Miércoles y Jueves a partir del 3 de Marzo

Las clases de la mañana: de 9:00am a 12:00PM

Las clases por la tarde: 5:30 PM a 8:30 PM

Ubicación: Biblioteca Pública de Orange para las clases de la mañana

Rosa Parks Escuela Comunitaria para las clases por la tarde

Participación limitada 25/clase

104 Technology for Adults

Do you want to develop or improve your technology skills? This class offers instruction in Microsoft Word, Power Point, Internet, Email and more. Real World projects such as resume development and creating presentations will help establish technology skills. Facilitator: Linda Epps, Supervisor of Social Studies and Technology, Orange Public Schools

Time: Thursday 5:30 to 7:30

Location: Rosa Parks Community School

Participates Limited to 12

105 High School Proficiency Test (formerly GED)

Have you been thinking of taking the High School Proficiency Test (HSE) to obtain your high school diploma? Now is the time. This class offers instruction in preparation to taking the test. All interested participants must take a test of Adult Basic Education (TABE) to determine the individual instructional needed. This diagnostic can be taken at 123 Cleveland St. (Career and Innovation Academy of Orange) March 4, 9 or 18 at 5:30. Call Lynn Sternstein at 973- 674-6330 extension 295 to register. Must be 18 years old or older.

Facilitator: Jewish Vocational Services

Time: Monday and Wednesday 5:30-8:30

Location: Career and Innovation Academy of Orange, 123 Cleveland St.

Participates Limited to 12

106 Entrepreneurship

Ever dreamed of opening your own small business? This class is for you. Two informational sessions will be held to answer your questions about how to receive training for the small business you are thinking about. For those interested in continuing on to the Rising Tide Small Business Academy, a limited number of scholarships will be available.

Facilitator: Rising Tide Capital

Time:

Location: Rosa Parks Community School

Participate Limited: None

107 A Civic Life: Government in Orange

Interested in how to effect political change at a local level? Through research of local and state government, addressing the roles of the individual, group, and institution in civic participation and duty, and through a series of practices that will involve guest speakers, and a field trip to city hall where we will attempt to engage directly with our local leaders, this course will help participants rebuild a love of civic life!

Facilitator: University of Orange led by Drew Tucker

Time: Thursday March 26 and Thursday April 2, April 16, April 23, April 30 6 p.m.- 7 p.m.

Location: Rosa Parks Community School

108 Meditation Power of the Breath

In this class you will learn how to decrease stress in the body and mind with simple techniques that uplift energy and mood with a resource that is available all the time/ at no cost.... the breath! Take home some practices that can help you live a healthier, more joyful, and more intentional life.

Facilitator: Brinda Sivaramakrishnan

Time: May 14 @ 6pm

Location: Rosa Parks Community School

Participates Limited: None

Documentary Film Festival

Break out the popcorn! The Orange Adult School is offering screenings of 2 award winning documentary films.

I Shall Not Be Silent

A documentary film about a rabbi who would not be silenced, from synagogues in 1930's Berlin to the March on Washington in 1963, featuring Andre Braugher reading excerpts of Prinz's writings. Learn about a great man who led a synagogue in Orange, NJ.

Facilitator: University of Orange

Time: May 28 @ 7:00 pm

Location: Rosa Parks Community School

Participate Limited: None

Nostalgia for the Light

Director Patricio Guzman travels to Chile's Atacama Desert where astronomers examine distant galaxies, archaeologists uncover traces of ancient civilizations, and women dig for the remains of disappeared relatives. Join us to watch this award winning documentary in Spanish with English subtitles.

Facilitator: University of Orange

Time: May 7 @ 7:00 pm

Location: Rosa Parks Community School

Participate Limit: None

Nostalgia de la luz

Patricio Guzman viaja al Desierto de Atacama en Chile donde los astrónomos examinan las galaxias distantes, los arqueólogos descubren restos de antiguas civilizaciones, y las mujeres excavan los restos de sus familiares que han desaparecido. Únase a nosotros para ver este galardonado documental en español con subtítulos en inglés.

Facilitador: Universidad de Orange

Hora: 7 de Mayo @ 7:00 PM

Ubicación: Rosa Parks Escuela de la Comunitaria

Participación no limitada

For information or if you have questions:

English/Spanish

Vivian Paiz 973-677-4000 x 6097

paizvivi@orange.k12.nj.us

Haitian Creole

Stephanie Desange

973-677-4000 ext. 3620

desangst@orange.k12.nj.us