

# What's on the Menu?

September 2023 Orange STEM Academy  
Breakfast

Monday

Tuesday

Wednesday

Thursday

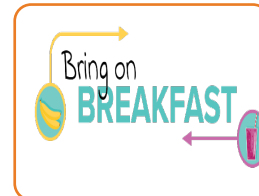
Friday

## Alternates Offered Daily

- Assorted Muffins
- Bagels
- Cereal
- Breakfast Bars
- Yogurt
- String Cheese
- Parfaits

## Sides

- Sausage Patty/Links
- Turkey Bacon
- Home fries
- Grits
- Strawberries
- Blueberries
- Peaches
- 100% Juice
- Fresh Fruit



7  
Crispy White Meat Chicken Breakfast Biscuit Sandwich  
  
Sausage, Egg & Cheese Sandwich

8  
Whole Grain Bagel w/ Cream Cheese  
  
Toasty Egg & Cheese Sandwich



11  
Maple Burst Mini Pancakes w/ Syrup  
  
Breakfast Quesadilla w/ Turkey Ham

12  
Skewered Turkey Sausage Pancake w/ Syrup  
Southern Style Turkey Sausage Biscuit Sandwich

13  
Blueberry Bagel w/ Cream Cheese  
  
Breakfast Quesadilla w/ Turkey Ham

14  
Breakfast Pizza w/ Turkey Bacon & Scrambled Eggs  
Southern Style Turkey Sausage Biscuit Sandwich

15  
Toasty Egg & Cheese Breakfast Sandwich  
Breakfast Quesadilla w/ Turkey Ham



18  
Whole Grain Breakfast Pizza w/ Turkey Sausage  
  
Turkey Bacon, Egg & Cheese Biscuits

19  
Turkey Sausage, Egg & Cheese on a Flaky Biscuit  
  
Toasty Egg & Cheese Sandwich

20  
Golden Brown Mini Maple Waffles w/ Syrup  
  
Turkey Bacon, Egg & Cheese Biscuits

21  
Breakfast Burrito w/ Eggs, Cheese & Turkey Ham  
  
Toasty Egg & Cheese Sandwich

22  
Vanilla & Orange Smoothie w/ Graham Crackers  
  
Turkey Bacon, Egg & Cheese Biscuits



25  
Cinnamon Glazed French Toast Sticks  
  
Turkey Sausage Biscuit Sandwich

26  
Southern Style Turkey Sausage Biscuit Sandwich  
  
Breakfast Bagel Melt

27  
Maple Burst Mini Pancakes w/ Syrup  
  
Turkey Sausage Biscuit Sandwich

28  
Golden Brown Mini Maple Waffles  
  
Breakfast Bagel Melt

29  
Crispy White Meat Chicken Breakfast Sandwich  
  
Turkey Sausage Biscuit Sandwich



All meals served with low fat milk

This institution is an equal opportunity provider.  
Menu subject to change without notice.

# What's on the Menu?

September 2023  
STEM Academy Lunch

Monday

Tuesday

Wednesday

Thursday

Friday

**Protein/Protein Substitute**  
**Fruit**  
**Vegetable**  
**Bread/Grain**  
**Choice of milk**



**Deli**  
M-Turkey & Cheese  
T-Turkey Ham & Cheese  
W-Italian Hoagie  
Th-Chicken Salad  
F-Tuna Salad



**Student Choice**  
**Bok Choy**  
Stir Fry Chicken or Beef  
Brown Rice

**Bubbly Baked**  
Macaroni & Cheese  
Roasted Vegetables  
Dinner Roll  
Mozzarella Sticks  
Marinara Sauce



**Wild Greens**  
M-Caesar Salad  
T-Tuna Salad  
W-Chef Salad  
Th-Cheese Salad  
F-BBQ Chicken Salad

**Jumbo Chicken Tenders & Waffles**  
Green Beans  
Baja Rice Bowl  
Mexicali Corn

**Philly Cheese Steak**  
Peppers & Onions  
Soft Fish Taco  
Cilantro Lime Slaw

**Mashed Potato & Popcorn Chicken**  
Cheddar & Corn  
Flexitarian Taco Salad  
Cilantro Lime Dressing

**Student Choice**  
**Chaat House**  
Delhi Style Curried Chicken or Chickpea Chana Masala, Cauliflower

**Carne Asada**  
Cilantro Lime Rice, Cheddar, Salsa  
Swedish Meatballs  
Rotini Pasta

**All Meals Come Complete with Choice of vegetable, fruit, grain and lo-fat milk**

**2Mato**  
• Cheese Pizza  
• Pepperoni  
• Turkey Sausage  
• Veggie  
• Meatlovers

**Breakfast For Lunch**  
French Toast Sticks  
Potatoes, Turkey Sausage  
Crispy Tenders  
Buffalo Cauliflower

**Arroz Con Pollo "Chicken & Rice"**  
Green Beans  
Greek Gyro  
Tzatziki Sauce

**NACHOS!!!**  
Turkey Taco Meat or Vegetarian Beans  
Crispy Corn Chips  
Choice of Toppings

**Student Choice**  
**Made to Melt**  
Turkey Reuben or Mozzarella Roasted Vegetable Panini  
Creamy Coleslaw

**Chinese Style Sweet & Sour Chicken**  
Brown Rice & Glazed Carrots  
The Perfect Sloppy Joe & Parmesan Potatoes



**Fresh Grill Offered Daily**  
• Hamburger  
• Cheeseburger  
• Chicken Patty

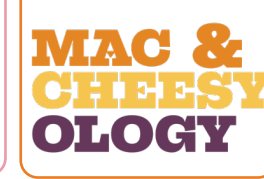
**Rotini Pasta with Italian Meat Sauce**  
Roasted Squash  
Eggplant & Zucchini  
Shakshuka

**Korean Chicken Bibimbap Bowl**  
Julienne Vegetables  
Chimichurri  
Chicken Bowl

**Homemade Meatloaf**  
Gravy Mashed Potatoes  
Carrots  
Savory Chicken Fajitas, Cilantro  
Brown Rice

**Student Choice**  
**Mac & Cheesyology**  
Buffalo Chicken or Roasted Tomato Mac & Cheese  
Dinner Roll

**Smothered Chili**  
Cheese Dog  
Boston Baked Beans  
Loaded Denver Egg Bowl & Biscuit



**All meals served with fruit, vegetable and choice of lo-fat milk**

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