

What's on the Menu?

September 2023 Orange Middle School
Breakfast

Monday

Tuesday

Wednesday

Thursday

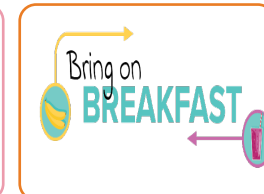
Friday

Alternates Offered Daily

- Assorted Muffins
- Bagels
- Cereal
- Breakfast Bars
- Yogurt
- String Cheese
- Parfaits

Sides

- Sausage Patty/Links
- Turkey Bacon
- Home fries
- Grits
- Strawberries
- Blueberries
- Peaches
- 100% Juice
- Fresh Fruit



7
Crispy White Meat Chicken Breakfast Biscuit Sandwich
Blueberry Muffin

8
Whole Grain Bagel w/ Cream Cheese
Rice Chex Cereal



11
Maple Burst Mini Pancakes w/ Syrup
Banana Muffin

12
Skewered Turkey Sausage Pancake w/ Syrup
Honey Cheerios

13
Blueberry Bagel w/ Cream Cheese
Cinnamon Apple Muffin

14
Breakfast Pizza w/ Turkey Bacon & Scrambled Eggs
Cinnamon Toast Crunch Bar

15
Toasty Egg & Cheese Breakfast Sandwich
Blueberry Muffin



18
Whole Grain Breakfast Pizza w/ Turkey Sausage
Blueberry Breakfast Bar

19
Turkey Sausage, Egg & Cheese on a Flaky Biscuit
Banana Muffin

20
Golden Brown Mini Maple Waffles w/ Syrup
Cocoa Puffs Bar

21
Breakfast Burrito w/ Eggs, Cheese & Turkey Ham
Blueberry Muffin

22
Vanilla & Orange Smoothie w/ Graham Crackers
Cinnamon Toast Crunch Bar



25
Cinnamon Glazed French Toast Sticks
Cinnamon Apple Muffin

26
Southern Style Turkey Sausage Biscuit Sandwich
Multigrain Cheerios

27
Maple Burst Mini Pancakes w/ Syrup
Banana Muffin

28
Golden Brown Mini Maple Waffles
Trix Cereal Kit

29
Crispy White Meat Chicken Breakfast Sandwich
Blueberry Muffin



All meals served with low fat milk

This institution is an equal opportunity provider.
Menu subject to change without notice.

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September 2023
Orange Middle School Lunch

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Friday



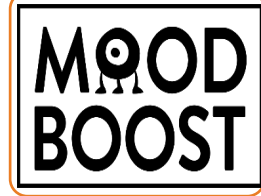
Protein/Protein Substitute
Fruit
Vegetable
Bread/Grain
Choice of milk

Deli
M-Turkey & Cheese
T-Turkey Ham & Cheese
W-Italian Hoagie
Th-Chicken Salad
F-Tuna Salad



GLOBAL EATS - CHINA
"Lions Head" Meatballs
Ginger Scallion
Steamed Rice
Char Siu Chicken
Green Beans

Bubbly Baked Macaroni & Cheese
Roasted Vegetables
Mozzarella Sticks
Marinara Sauce
Caesar Salad



Wild Greens
M-Caesar Salad
T-Tuna Salad
W-Chef Salad
Th-Cheese Salad
F-BBQ Chicken Salad

Baja Beef Rice Bowl
Steamed Broccoli Florets
Chicken & Waffles
Green Beans

Philly Cheese Steak Peppers & Onions
Soft Fish Taco
Cilantro Lime Slaw

Mashed Potato & Popcorn Chicken
Cheddar & Corn
Flexitarian Taco Salad
Roasted Broccoli

GLOBAL EATS - ITALY
Nonna's Meatballs Pizzaiola
Parmesan Penne Pasta
Penne Chicken
all'Arrabiata Roasted Plum tomatoes

Carne Asada
Cilantro Lime Rice, Cheddar, Salsa
Chickpea Chana Masala
Spices, Tomatoes & Brown Rice

All Meals Come Complete with Choice of vegetable, fruit, grain and milk

2Mato
• Cheese Pizza
• Pepperoni
• Turkey Sausage
• Veggie
• Meatlovers

Breakfast For Lunch
French Toast Sticks
Potato, Turkey Sausage w/ Syrup
Triple Cheese Grilled Cheese
Tomato Soup

Arroz Con Pollo "Chicken & Rice"
Pinto Beans
Crispy Fish Nuggets
Sriracha Honey Mustard

Turkey Walking Tacos
Savory Turkey w/ Cheddar & Salsa
The Perfect Sloppy Joe
Garlic Parmesan
Roasted Potatoes

GLOBAL EATS - MEXICO
Albondigas con Arroz "Meatballs w/ Rice"
Mexican Style
Hotdogs Corn & Pineapple Salad

Sweet & Sour Chicken
Fried Rice & Sesame Green Beans
Crispy Chicken
Nuggets Roasted Buffalo Cauliflower



Fresh Grill Offered Daily
• Hamburger
• Cheeseburger
• Chicken Patty

Rotini Pasta with Italian Meat Sauce
Roasted Squash Breadsticks
Eggplant & Zucchini
Shakshuka & Brown Rice

Korean Chicken Bibimbap Bowl
Julienne Vegetables
Chimichurri Chicken Bowl
Brown Rice, Lime
Chimichurri Ranch

Homemade Meatloaf
Gravy Seasoned Peas & Carrots
General Tso's Chicken
Fried Rice

GLOBAL EATS - INDIA
Chicken Tandoori
Basmati Rice
Basil Curried Chickpeas
Roasted Cauliflower

Loaded Denver Egg Bowl & Biscuit
Smothered Chili
Cheese Dog
Boston Baked Beans



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