

What's on the Menu?

October 2023 Orange Preparatory
Academy II Breakfast Menu

Alternates Offered Daily

- Assorted Muffins
- Bagels
- Cereal
- Breakfast Bars
- Yogurt
- String Cheese
- Parfaits

Sides

- Sausage Patty/Links OR
- Turkey Bacon
- Home Fries Or
- Grits
- 2 Types Assorted Fresh Fruit
- 100% Assorted Juice

Monday

Tuesday

Wednesday

Thursday

Friday

2
Turkey Sausage,
Egg & Cheese
Sandwich

Turkey Ham &
Cheese Quesadilla

3
Breakfast Pizza w/
Turkey Sausage &
Scrambled Eggs

Toasty Egg &
Cheese Sandwich

4
Golden Brown Mini
Maple Waffles

Turkey Ham &
Cheese Quesadilla

5
Crispy White Meat
Chicken Breakfast
Sandwich

Toasty Egg &
Cheese Sandwich

6
Whole Grain Bagel
w/ Cream Cheese

Turkey Ham &
Cheese Quesadilla

9
**SCHOOL
CLOSED**

10
Turkey Sausage,
Egg & Cheese
Sandwich

Bacon, Egg &
Cheese Sandwich

11
Maple Burst Mini
Pancakes w/ Syrup

Bagel & Cheese
Melt

12
Whole Grain Bagel
w/ Cream Cheese

Bacon, Egg &
Cheese Sandwich

13
Crispy White Meat
Chicken Breakfast
Sandwich

Bagel & Cheese
Melt

16
Maple Burst Mini
Pancakes w/ Syrup

Toasty Egg &
Cheese Sandwich

17
Skewered Turkey
Sausage Pancake
w/ Syrup

Turkey Sausage
Biscuit

18
Blueberry Bagel w/
Cream Cheese

Toasty Egg &
Cheese Sandwich

19
Breakfast Pizza w/
Turkey Bacon &
Scrambled Eggs

Turkey Sausage
Biscuit

20
Whole Grain Bagel
w/ Cream Cheese

Toasty Egg &
Cheese Sandwich

23
Whole Grain
Breakfast Pizza w/
Turkey Sausage

Turkey Ham &
Cheese Quesadilla

24
Turkey Sausage,
Egg & Cheese on a
Flaky Biscuit

Bagel & Cheese
Melt

25
Golden Brown Mini
Maple Waffles w/
Syrup

Turkey Ham &
Cheese Quesadilla

26
Breakfast Burrito w/
Eggs, Cheese &
Turkey Ham

Bagel & Cheese
Melt

27
Turkey Bacon, Egg &
Cheese Biscuits

Turkey Ham &
Cheese Quesadilla

30
Cinnamon Glazed
French Toast Sticks

Turkey Sausage
Biscuit

31
Southern Style
Turkey Sausage
Biscuit Sandwich

Toasty Egg &
Cheese Sandwich

LET'S GET
COOKING

BEA
WASTE
WARRIOR

plant power

Bring on
BREAKFAST

MOOD
BOOST

POWERUP!
Power Your Performance

SEED
TO TABLE

Spice
It Up

What's on the Menu?

October 2023 Orange Preparatory Academy II
Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

**Protein/Protein
Substitute
Fruit
Vegetable
Bread/Grain
Choice of milk**

2
Smothered Chili
Cheese Dog Baked
Beans
**Bubbly Baked
Macaroni & Cheese
Dinner Roll**

3
Soft Fish Taco
Cilantro Lime Slaw
**Mozzarella Sticks
Marinara Sauce**

4
**Sweet & Sour
Chicken or
Beef**
Fried Rice
Cauliflower

5
**GLOBAL EATS -
CHINA**
Chicken Meatballs
Ginger Scallion
Steamed Rice
Roasted Broccoli
Char Siu Chicken

6
Student Choice
Mac & Cheesyology
Buffalo Chicken or
**Roasted Tomato
Mac & Cheese
Dinner Roll**

**MOOD
BOOST**

Deli
M - Turkey & Cheese
T - Turkey Ham &
Cheese
W - Italian Hoagie
Th - Chicken Salad
F - Tuna Salad

9
**SCHOOL
CLOSED
NO
LUNCH
SERVICE**

10
Baja Beef Rice Bowl
Roasted Broccoli
Florets
**Roasted Chicken
Roasted Sweet
Potatoes**

11
Chicken Drumsticks
Peas & Carrots
Dinner Roll
**Spaghetti &
Meatballs**

12
**GLOBAL EATS -
ITALY**
Meatballs Pizzaiola
Parmesan Penne
Pasta
**Penne Parmesan
Chicken**

13
Bubbly Baked
Macaroni & Cheese
Roasted Vegetables
Dinner Roll
Sauteed Spinach
Cheesy Breadsticks

**Global
Eats**

Wild Greens
M - Caesar Salad
T - Tuna Salad
W - Chef Salad
Th - Egg Salad
F - BBQ Chicken
Salad

16
Jumbo Chicken
Tenders & Waffles
Green Beans
**Baja Rice Bowl
Mexicali Corn**

17
Philly Cheese Steak
Peppers & Onions
Seasoned Fries
**Soft Fish Tacos
Creamy Coleslaw**

18
Mashed Potato &
Popcorn Chicken
Cheddar & Corn
**Beef Taco
Roasted Broccoli**

19
**GLOBAL EATS -
MEXICO**
Albondigas con Arroz
"Meatballs w/ Rice"
Black Beans
**Mexican Style
Hotdogs**

20
Carne Asada
Cilantro Lime Rice,
Cheddar, Salsa
**Chimichurri
Chicken
Black Beans**

**All Meals Come
Complete with
Choice of
vegetable, fruit,
grain and milk**

**2Mato
Served Daily**
• Cheese Pizza
• Pepperoni
• Specialty Pizza

23
**Breakfast For
Lunch**
French Toast Sticks
Potatoes, Turkey
Sausage
**Crispy Tenders
Buffalo Cauliflower**

24
Arroz Con Pollo
"Chicken & Rice"
Green Beans
**Sautéed Steak
Peppers & Onions**

25
NACHOS!!!
Turkey Taco Meat or
Vegetarian Tacos
Crispy Corn Chips
Choice of Toppings

26
**GLOBAL EATS -
INDIA**
Chicken Tandoori
Basmati Rice
**Basil Curried
Chickpeas**

27
Chinese Style Sweet
& Sour Chicken
Brown Rice & Glazed
Carrots
**The Perfect Sloppy
Joe & Parmesan
Potatoes**

POWERUP!
Power Your Performance

**Fresh Grill
Offered Daily**
• Hamburger
• Cheeseburger
• Chicken Patty

30
Penne Pasta Italian
Meat Sauce
or **Italian Meatballs
Roasted Squash
Dinner Roll**

31
Korean Chicken Rice
Bowl
Julienne Vegetables
**Crispy Tenders
Roasted Broccoli**

**BEA
WASTE
WARRIOR**

plant power

market
fresh

**SEED
TO TABLE**

Chenille Traylor
973 677-4000 x41732

chartwells
serving up happy & healthy

**All meals served with fruit,
vegetable and choice of
lo-fat milk**

*This institution is an equal opportunity provider.
Menu subject to change without notice