

What's on the Menu?

November 2024 OPA II
Breakfast Menu

Monday

Tuesday

Wednesday

Thursday

Friday

**Alternates
Offered
Daily**

- Assorted Muffins
- Bagels
- Cereal
- Breakfast Bars
- Yogurt
- String Cheese
- Parfaits
- Assorted Fresh Fruit
- 100% Assorted Juice



4
WG Buttermilk Pancakes
Turkey Bacon
WG Golden Graham Cereal Bar w/ Graham Cracker

5
WG Plain Bagel w/ Vegetable Cream Cheese & Turkey Bacon
Turkey Sausage Egg & Cheese WG Biscuit

6
Egg & Cheese on a Kaiser Roll
Turkey Sausage & Cheese on WG Bagel

7
NO SERVICE

1
WG Turkey Sausage Breakfast Pizza
Country Gravy
WG Waffles w Apple Topping

11
Egg & Cheese on a Kaiser Roll
Turkey Sausage & Cheese on WG Kaiser Roll

12
Turkey Sausage, WG Pancake
Multigrain Honey Cheerios Bowl
Graham Cracker

13
Turkey Bacon Egg & Cheese on WG Kaiser
Multigrain Lucky Charms Cereal & Graham cracker

14
Scramble Eggs Turkey Sausage Potatoes & Cheese w/ WG Biscuit
WG Cereal Bar
Cinnamon Toast Crunch

8
NO SERVICE

15
Crispy Chicken Breakfast Sandwich
Turkey Bacon & Egg Cheese on WG Bagel

18
Breakfast Bowl w Turkey Sausage & Cheese Grits
WG Frosted Flakes Cereal Bowl

19
Crispy Chicken Sandwich on WG Bun
Warm WG Blueberry Muffin

20
WG Mini Maple Pancakes
Warm Banana Muffin

21
WG Waffles w Strawberry Topping
Egg & Cheese on WG Bagel

22
Breakfast Sandwich Turkey Bacon Egg & Cheese on WG Bun
WG Lucky Charms Cereal Bowl w Graham Cracker

25
WG Buttermilk Pancakes
Turkey Bacon
WG Golden Graham Cereal Bar w/ Graham Cracker

26
WG French Toast Sticks
Turkey Sausage & Cheese on WG Bagel

27
Egg & Cheese on a Kaiser Roll
Turkey Sausage & Cheese on WG Kaiser Roll



28
NO SERVICE
THANKSGIVING

29
NO SERVICE
THANKSGIVING



What's on the Menu?

November 2024 OPA II
Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Wild Greens M - Caesar Salad T - Tuna Salad W - Chef Salad Th - Egg Salad F - BBQ Chicken Salad</p>				<p>Global Eats</p>	<p>Wing Bar!! 1 Roasted Chicken Wings Choice of Sauce: Buffalo or BBQ WG Dinner Roll Glazed Carrots Or Side salad</p>
<p>Deli M - Turkey & Cheese T - Turkey Ham & Cheese W - Italian Hoagie Th - Chicken Salad F - Tuna Salad</p>	<p>4 Baked WG Cheese Ziti w/ Garlic Bread Sticks Green Beans Or Red Pepper Strips Pasta Bar</p>	<p>5 SONO: Chicken Fajitas WG Tortilla Peppers & Onions Cheddar Cheese Pinto Beans Sliced Cucumbers Boneless Wing Bar</p>	<p>6 Beef Chili Dog WG Bun Sweet Potato Fries Or Red Pepper Strips Pasta Bar</p>	<p>7 NO SERVICE</p>	<p>8 NO SERVICE</p>
<p>SONO Toppings: • Lettuce • Tomato • Onion • Cheddar • Jalapenos • Pico De Gallo</p>	<p>11 Beef Cheesesteak Sandwich WG Waffle Fries Or Red Pepper Strips Boneless Wing Bar</p>	<p>12 NACHOS Turkey Taco Meat Crispy WG Chips Bean & Corn Salsa Sliced cucumbers Chefs Choice</p>	<p>13 Curry Chicken WG Brown Rice Seasoned Carrots Sliced Cucumbers</p>	<p>14 WG Spaghetti w Turkey Meat Sauce Spinach or Taco Bar</p>	<p>15 Pulled BBQ Chicken On WG Roll Pickles & Cheese Tater Tots</p>
<p>2Mato Served Daily • Cheese Pizza • Pepperoni • Specialty Pizza</p>	<p>18 BBQ Chicken w/ WG Brown Rice & Seasoned Green Beans Side salad</p>	<p>19 Taco Seasoned Beef W/ WG Nachos & Cheese Seasoned Blk Beans Carrot Sticks Chef Choice</p>	<p>20 Mashed Potato Bowl Pop Corn Chicken w/ Gravy Sweet Corn & WG Roll Or Sliced Cucumbers Pasta Bar</p>	<p>21 Beef Cheeseburger on WG Bun French fries Or Sliced Cucumbers Boneless Wing Bar</p>	<p>22 Buffalo Chicken Mac & Cheese Roasted Broccoli or Side salad Pasta Bar</p>
<p>Fresh Grill Offered Daily • Hamburger • Cheeseburger • Chicken Patty</p>	<p>25 Chicken Alfredo WG Pene Pasta Broccoli Or Red Pepper Strips Pasta Bar</p>	<p>26 Fish Tacos WG Tortilla Shredded Cheese Blk Beans Green Pepper Strips</p>	<p>27 HALF DAY NO LUNCH</p>	<p>28 NO SERVICE THANKSGIVING</p>	<p>29 NO SERVICE THANKSGIVING</p>



Geoffrey Simon
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All meals served with fruit,
vegetable and choice of
low-fat milk (Baby Carrots
offered daily)

This institution is an equal opportunity provider.
*Menu subject to change without notice