

What's on the Menu?

January 2024 S.T.E.M. High School Breakfast Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Alternates Offered Daily

- Assorted Muffins
- Bagels
- Cereal
- Breakfast Bars
- Yogurt
- String Cheese
- Parfaits

Sides

- Sausage Patty/Links OR
- Turkey Bacon
- Home Fries Or
- Grits
- 2 Types Assorted Fresh Fruit
- 100% Assorted Juice

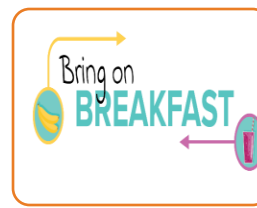
1
New Years Day
NO SCHOOL

2
NO SCHOOL

3
Maple Burst Mini Pancakes w/ Syrup
Bagel & Cheese Melt

4
Turkey Sausage, Egg & Cheese Sandwich
Bacon, Egg & Cheese Sandwich

5
Breakfast Pizza w/ Turkey Bacon & Scrambled Eggs
Bagel & Cheese Mel



8
Pancakes & Turkey Sausage Pancake w/ Syrup
Toasty Egg & Cheese Sandwich

9
Bacon, Egg & Cheese on a Kaiser Roll
Bagel & Cheese Melt

10
Toasted Bagel w/ Cream Cheese
Toasty Egg & Cheese Sandwich

11
Pancakes & Turkey Sausage w Syrup
Turkey Sausage Biscuit

12
Crispy Chicken Breakfast Sandwich
Bagel & Cheese Melt



15
Martin Luther King Day
NO SCHOOL

16
Turkey Sausage, Egg & Cheese on a Flaky Biscuit
Bagel & Cheese Melt

17
Golden Brown Mini Maple Waffles w/ Syrup
Turkey Ham & Cheese Quesadilla

18
Oatmeal Bar w/ Toppings
Turkey Sausage Biscuit

19
Whole Grain Bagel w/ Cream Cheese
Toasty Egg & Cheese Sandwich



22
Turkey Sausage, Egg & Cheese Sandwich
Turkey Ham & Cheese Quesadilla

23
Belgium Waffles w/ Hot Fruit Toppings
Turkey Ham & Cheese Quesadilla

24
Cinnamon Glazed French Toast Sticks
Bagel & Cheese Melt

25
Pancakes & Turkey Sausage w/ Syrup
Toasty Egg & Cheese Sandwich

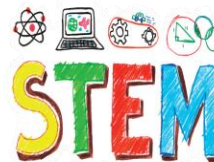
26
Whole Grain Bagel w/ Cream Cheese
Turkey Ham & Cheese Quesadilla



29
Whole Grain Breakfast Pizza w/ Turkey Sausage
Turkey Ham & Cheese Quesadilla

30
Belgium Waffles w/ Hot Fruit Toppings
Turkey Sausage Biscuit

31
Crispy Chicken Breakfast Sandwich
Bagel & Cheese Melt



All meals served with and fruit low - fat milk

This institution is an equal opportunity provider. Menu subject to change without notice.

What's on the Menu?

January 2024
S.T.E.M High School Lunch

Monday

Tuesday

Wednesday

Thursday

Friday

Wild Greens

- M - Caesar Salad
- T - Tuna Salad
- W - Chef Salad
- Th - Egg Salad
- F - BBQ Chicken Salad

New Years Day
NO SCHOOL

NO SCHOOL

**Hotdogs w/
Vegetarian Baked
Bean**

GLOBAL EATS:
MEXICO

- "Albondigas con Arroz"
- Meatballs w with Rice
- Refried Beans
- Lettuce & Salsa

Great America:
Roadtrip

- BBQ Pulled Chicken
- Seasoned Spinach
- Tater Tot Casserole

MAC & CHEESY OLOGY

Deli

- M - Turkey & Cheese
- T - Turkey Ham & Cheese
- W - Italian Hoagie
- Th - Chicken Salad
- F - Tuna Salad

**Baked Ziti w/ Garlic
Bread Sticks**

Sautéed Spinach

**Chicken and
Waffles**

French Fries

SONO:

- Taco Seasoned Beef
- Taco Seasoned Chicken
- Seasoned Pinto Beans

Great America:
Roadtrip

- Beef & Bean Chili
- Cornbread Corn
- Glazed Carrots

Wing Bar!!

- Roasted Chicken Wings
- Choice of Sauce:
Buffalo or BBQ
French Fries
- Roasted Sweet Potato



SONO Toppings:

- Lettuce
- Tomato
- Onion
- Cheddar
- Jalapenos
- Pico De Gallo

**Martin Luther King
Day**
NO SCHOOL

**Chicken Parmesan
w/ Penne Pasta**
Green Beans

SONO:

- Fish Tacos
- Chicken Tacos
- Choice of Toppings
- Black Beans

Student Choice:
Mac & Cheesyology

- Choice of toppings:
Buffalo Chicken
Roasted Broccoli
Seasoned Corn

- Potato Bar!!
- Mashed Potato or French Fries
- Choice of Toppings:
Beef, Cheese, Corn



**2Mato
Served Daily**

- Cheese Pizza
- Pepperoni
- Specialty Pizza

**Breaded Chicken w/
Mashed sweet potatoes and Green beans**

GLOBAL EATS:
MEXICO
Chicken Fajita Rice Bowl
w/ Seasoned Black Beans

GLOBAL EATS:
ITALY
Pasta with Italian Meat Sauce
or Italian Meatballs
Roasted Carrots
Garlic Bread

Student Choice:
Bok Choy

- Korean Chicken
- Korean Beef Bulgogi
- Stir Fry Rice & Vegetables

- Wing Bar!!
- Roasted Chicken Wings
- Choice of Sauce:
Buffalo or BBQ
French Fries
- Roasted Sweet Potato



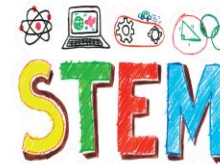
**Fresh Grill
Offered Daily**

- Hamburger
- Cheeseburger
- Chicken Patty

**Mashed Potato
bowl**
Popcorn Chicken w/
mashed potatoes,
gravy and sweet corn

**Walking Tacos w/
Seasoned Black Beans**

**Curry Chicken w/
Brown Rice and
sautéed cabbage**



Chenille Taylor
973 677-4000 x41732

chartwells
serving up happy & healthy

All meals served with fruit,
vegetable and choice of
low-fat milk

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