

# What's on the Menu?

## January 2024 Orange Preparatory Academy Breakfast Menu

Monday

Tuesday

Wednesday

Thursday

Friday

### Alternates Offered Daily

- Assorted Muffins
- Bagels
- Cereal
- Breakfast Bars
- Yogurt
- String Cheese
- Parfaits

### Sides

- Sausage Patty/Links OR
- Turkey Bacon
- Home Fries Or Grits
- 2 Types Assorted Fresh Fruit
- 100% Assorted Juice

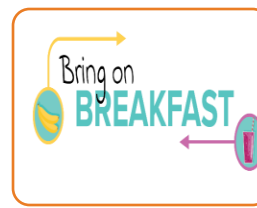
1  
New Years Day  
NO SCHOOL

2  
NO SCHOOL

3  
Maple Burst Mini Pancakes w/ Syrup  
Bagel & Cheese Melt

4  
Turkey Sausage, Egg & Cheese Sandwich  
Bacon, Egg & Cheese Sandwich

5  
Breakfast Pizza w/ Turkey Bacon & Scrambled Eggs  
Bagel & Cheese Melt



8  
Pancakes & Turkey Sausage Pancake w/ Syrup  
Toasty Egg & Cheese Sandwich

9  
Bacon, Egg & Cheese on a Kaiser Roll  
Bagel & Cheese Melt

10  
Toasted Bagel w/ Cream Cheese  
Toasty Egg & Cheese Sandwich

11  
Pancakes & Turkey Sausage w Syrup  
Turkey Sausage Biscuit

12  
Crispy Chicken Breakfast Sandwich  
Bagel & Cheese Melt



15  
Martin Luther King Day  
NO SCHOOL

16  
Turkey Sausage, Egg & Cheese on a Flaky Biscuit  
Bagel & Cheese Melt

17  
Golden Brown Mini Maple Waffles w/ Syrup  
Turkey Ham & Cheese Quesadilla

18  
Oatmeal Bar w/ Toppings  
Turkey Sausage Biscuit

19  
Whole Grain Bagel w/ Cream Cheese  
Toasty Egg & Cheese Sandwich



22  
Turkey Sausage, Egg & Cheese Sandwich  
Turkey Ham & Cheese Quesadilla

23  
Belgium Waffles w/ Hot Fruit Toppings  
Turkey Ham & Cheese Quesadilla

24  
Cinnamon Glazed French Toast Sticks  
Bagel & Cheese Melt

25  
Pancakes & Turkey Sausage w/ Syrup  
Toasty Egg & Cheese Sandwich

26  
Whole Grain Bagel w/ Cream Cheese  
Turkey Ham & Cheese Quesadilla



29  
Whole Grain Breakfast Pizza w/ Turkey Sausage  
Turkey Ham & Cheese Quesadilla

30  
Belgium Waffles w/ Hot Fruit Toppings  
Turkey Sausage Biscuit

31  
Crispy Chicken Breakfast Sandwich  
Bagel & Cheese Melt



**All meals served with and fruit low - fat milk**

*This institution is an equal opportunity provider. Menu subject to change without notice.*

# What's on the Menu?

January 2024 Orange Preparatory Academy  
Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

**Wild Greens**

- M - Caesar Salad
- T - Tuna Salad
- W - Chef Salad
- Th - Egg Salad
- F - BBQ Chicken Salad

**New Years Day**  
**NO SCHOOL**

**NO SCHOOL**

**Hotdogs w/  
Vegetarian Baked  
Beans**

**GLOBAL EATS:  
MEXICO**

"Albondigas con  
Arroz"  
Meatballs w with Rice  
Refried Beans  
Lettuce & Salsa

**Great America:  
Roadtrip**

BBQ Pulled Chicken  
Seasoned Spinach  
Tater Tot Casserole

**MAC &  
CHEESY  
OLOGY**

**Deli**

- M - Turkey & Cheese
- T - Turkey Ham & Cheese
- W - Italian Hoagie
- Th - Chicken Salad
- F - Tuna Salad

**Baked Ziti w/ Garlic  
Bread Sticks**

Sautéed Spinach  
**Taco Bar**

**Chicken and  
Waffles**

French Fries  
**Taco Bar**

**SONO:**

Taco Seasoned Beef  
Taco Seasoned  
Chicken  
Seasoned Pinto  
Beans  
**Taco Bar**

**Great America:  
Roadtrip**

Beef & Bean Chili  
Cornbread Corn  
Glazed Carrots  
**Taco Bar**

**Wing Bar!!**

Roasted Chicken  
Wings  
Choice of Sauce:  
Buffalo or BBQ  
French Fries  
Roasted Sweet Potato



**SONO Toppings:**

- Lettuce
- Tomato
- Onion
- Cheddar
- Jalapenos
- Pico De Gallo

**Martin Luther King  
Day**  
**NO SCHOOL**

**Chicken Parmesan  
w/ Penne Pasta**  
Green Beans

**Boneless Wing Bar**

**SONO:**

Fish Tacos  
Chicken Tacos  
Choice of Toppings  
Black Beans

**Boneless Wing Bar**

**Student Choice:  
Mac & Cheesyology**

Choice of toppings:  
Buffalo Chicken Roasted  
Broccoli  
Seasoned Corn  
**Boneless Wing Bar**

**Potato Bar!!**  
Mashed Potato or  
French Fries  
Choice of Toppings:  
**Beef, Cheese, Corn**

**Boneless Wing Bar**



**2Mato  
Served Daily**

- Cheese Pizza
- Pepperoni
- Specialty Pizza

**Breaded Chicken w/  
Mashed sweet  
potatoes and Green  
beans**  
**Pasta Bar**

**GLOBAL EATS:  
MEXICO**

Chicken Fajita Rice  
Bowl  
w/ Seasoned Black  
Beans  
**Pasta Bar**

**GLOBAL EATS:  
ITALY**

Pasta with Italian Meat  
Sauce  
or Italian Meatballs  
Roasted Carrots  
Garlic Bread  
**Pasta Bar**

**Student Choice:  
Bok Choy**

Korean Chicken  
Korean Beef Bulgogi  
Stir Fry Rice  
& Vegetables  
**Pasta Bar**

**Wing Bar!!**  
Roasted Chicken  
Wings  
Choice of Sauce:  
Buffalo or BBQ  
French Fries  
Roasted Sweet Potato  
**Pasta Bar**

**STUDENT  
CHOICE**  
FOOD YOUR WAY

**Fresh Grill  
Offered Daily**

- Hamburger
- Cheeseburger
- Chicken Patty

**Mashed Potato  
bowl**  
Popcorn Chicken w/  
mashed potatoes,  
gravy and sweet corn  
**Taco Bar**

**Walking Tacos w/  
Seasoned Black  
Beans**

**Taco Bar**

**Curry Chicken w/  
Brown Rice and  
sautéed cabbage**

**Taco Bar**



*made to  
melt*  
EVERYTHING CHEESE



*All meals served with fruit,  
vegetable and choice of  
low-fat milk*

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chartwells  
serving up happy & healthy