Orange School District



Course of Study – Curriculum Guide 2010 Edition

# **Dance Curriculum**

Grades 5-12 Approved on:

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### The Orange Board of Education Mission Statement

The Orange Public Schools will provide a safe and caring environment where each student will grow and succeed. In collaboration with parents and the community, we are responsible for promoting the academic, social, emotional and personal success of all students. With a commitment to strong policies and procedures, the district gives teachers, parents, and administrators the tools needed for all students to reach their full potential. We will serve all students in our schools, acknowledging their unique backgrounds and cultural perspectives. We will provide learning experiences for our students in ways that address: their unique learning styles. We expect all students to actively participate in the learning process. All students will achieve high standards of excellence, with a focus on academics. Curiosity, discipline, integrity, responsibility and respect are necessary for success. We seek to discover these qualities in all. We pledge to include all community stakeholders in partnering with us as we prepare each and every student for a lifetime of learning, productive work and responsible citizenship in a competitive global community.

## **The Philosophy of Dance Education**

The philosophy of dance education at Orange Public schools is to cultivate a well-rounded dancer and student through an environment of learning which promotes the discipline of dance as a means to a successful future.

**DISCIPLINE:** to educate by instruction while training physically, mentally, and/or morally.

As an art, dance is a conduit of expression and communication. At every level dancers will learn how to dance with joy, passion, and a respect for technique and history. Students in all grades will explore the diversity of the dance world through learning various dance styles, techniques, and genres. This will be accomplished through opportunities to learn about the history and context of each style, genre-specific terminology and skills, viewing and critiquing the aesthetics of dance, and creating and performing works in each genre. All of these elements culminate with opportunities for students to perform in multiple venues in their school, surrounding communities, and throughout the tri-state area.

The mission of this dance program is to produce contributing members of society with an appreciation for the arts.

### **Course Descriptions**

#### Upper Elementary Dance (grades 5-7)

In the middle school grades, students are introduced to the structure of a dance class, world dance, ballet, jazz/hip-hop, tap, and ballroom/social dances. Classes at this level focus on introductory/beginner level movement in each of the mentioned dance techniques. Basic dance vocabulary, performance skills, choreography, improvisation, dance history, and performance appreciation skills are introduced.

#### Junior High School Dance (grades 8-9)

In the junior high school grades, students are introduced to a variety of dance techniques and genres, including several folkloric dances. At this level, classes focus on dance technique and performance, body awareness, dance history, studies of choreographers, guided improvisation, intermediate choreography, elements of dance, and dance critique and analysis. Students are required to keep a journal documenting their learning throughout the year. In their eighth grade year, students will take a half-year course which will explore the basics of these elements. In their ninth grade year, students will experience a more in-depth study of the material within a full-year course. All dance classes require the student to be dressed appropriately for dance and participation is essential to the fulfillment and completion of this the course.

#### High School Dance (grades 10-12)

#### **Beginning dance**

This beginner course is an introduction to the fundamentals of Ballet and Modern dance with an emphasis on the Graham, Horton, and Limón techniques. Ballet elements include beginning Ballet movements, positions, vocabulary and Barre work. Modern elements include floor positions, Modern dance vocabulary, and dance history. In each dance class, students will be expected to participate in warm-ups, across the floor progressions, choreography, and review. This course will culminate in a Spring concert performance. Dance classes require the student to be dressed appropriately for dance and participation is essential to the fulfillment and completion of this the course.

#### **Intermediate dance**

Intermediate dance is the continuation of beginning dance and builds upon the foundation of technique and principles of dance. In theory we will discuss history and concert works with a more critical point of view. This course will culminate with a concert performance. Dance classes require the student to be properly dressed and participation is essential to the fulfillment and completion of this course.

#### **Advanced/Honors dance**

These advanced levels of dance require students to be recommended by the teacher. Students in these classes must meet the expectations of an advanced dancer. Elements of dance will include an emphasis on Modern technique that expands the dancer beyond beginner and intermediate levels of proficiency. Modern class includes choreography in this style and an increased level of understanding of the syllabus and technique. In theory we will study history and other styles of dance with an advanced ability to observe, analyze, evaluate, and interpret. The study of choreography is introduced and developed as well as a study of continuing education in dance. This class will participate in a winter and spring concert and selected Seniors will culminate the year with a composition of their own. Dance classes require the student to be properly dressed and participation is essential the fulfillment and completion of this course.

### **Cross Discipline Education**

Cross discipline education is important when educating our youth. As educators it is our responsibility to ensure our students academic success. The following is an example of how students will learn dance, while also strengthening skills in social studies, math, and language arts.

- <u>Social studies</u>- Study of dance history, cultural and social influences on dance, researching choreographers, history of techniques and dance companies, current events in dance, and global dance politics.
- <u>Math</u>- study of shape, time, and space, creating formations, symmetry vs. asymmetry, and rhythms and counting.
- <u>Language Arts</u>- journaling, writing research papers, critical thinking through observation and analysis of dance, using poetry as an inspiration for choreography, reflection and response papers, dance criticism, and reading dance articles and biographies.

By incorporating cross-discipline education, students recognize the connection between dance and the subjects of social studies, math, and language arts. This connection fosters a well-rounded and successful dance and academic student.

# New Jersey Core Curriculum Content Standards Dance 5-12

Conter Area	nt	Visual and Performing Arts		
Standa	<b>Standard 1.1 The Creative Process:</b> All students will demonstrate an understanding of the elements and principles that govern the creation of works of art in dance, music, theatre, and visual a			nts and principles that govern the
Strand		A. Dance		
By the end of grade		Content Statement	CPI#	Cumulative Progress Indicator (CPI)
5				students demonstrate <u>BASIC LITERACY</u> in nd skills in DANCE.
	stru	ic choreographed ictures employ <u>elements of</u> <u>ce</u> .	1.1.5.A.1	Analyze both formal and expressive aspects of time, shape, space, and energy, and differentiate basic <u>choreographic structures</u> in various dance works.
	dev gen imp and imp inte	vement is eloped and erated through rovisation. Form structure are ortant when erpreting original reography.	1.1.5.A.2	Analyze the use of improvisation that fulfills the intent of and develops choreography in both its form and structure.
	mus sou mea cho	sical and non- sical forms of nd can affect aning in reography and rovisation.	1.1.5.A.3	Determine how accompaniment (such as sound, spoken text, or silence) can affect choreography and improvisation.
	are the bod and initi cen or t	npositional works distinguished by use of various y movements sources of ation (i.e., tral, peripheral, ransverse).	1.1.5.A.4	Differentiate contrasting and complimentary shapes, shared weight centers, body parts, <u>body patterning</u> , <u>balance</u> , and range of motion in compositions and performances.
8	NO	TE: By the end of	<u>grade 8</u> , tho	se students choosing DANCE as their

	required area of special content knowledge an		nonstrate <u>COMPETENCY</u> in the following
	Numerous formal choreographic structures can be used to develop the elements of dance in the creation of dance works.	1.1.8.A.1	Interpret the choreographic structures of contrast and transition, the process of reordering and chance, and the structures of AB, ABA, canon, call and response, and narrative.
	Styles and techniques in dance are defined by the ways in which the elements of dance and choreographic principles are manipulated in the creation of dance compositions.	1.1.8.A.2	Analyze dance techniques and styles to discern the compositional use of the <u>elements of dance</u> and choreographic principles relating to dynamics, as well as to discern spatial relationships.
	Dance employs various themes and arts media to engage the viewer, develop meaning, and communicate emotions.	1.1.8.A.3	Examine how dance compositions are influenced by various social themes and <u>arts media</u> (e.g., dance for camera, interactive, telemetric).
	The quality of integrated movement depends on body alignment and the synchronized use of major and minor muscle groups. Variety in body patterns, range of motion, application of the <u>elements of</u> <u>dance</u> , and skill level enhance dance compositions and performance.	1.1.8.A.4	Integrate a variety of isolated and coordinated movements in dance compositions and performances, making use of all major muscle groups, proper body mechanics, <u>body patterning</u> , <u>balance</u> , and range of motion.
12		alization den	ose students choosing DANCE as their nonstrate <u>PROFICIENCY</u> in the following
	Creating master works in dance requires ability to comprehend,	1.1.12.A.1	Articulate understanding of choreographic structures or forms (e.g., palindrome, theme and variation, rondo, retrograde, inversion, narrative, and accumulation) in

articulate, and manipulate time, space, and energy across and within a broad spectrum of <u>choreographic</u> <u>structures</u> and through the use of many choreographic devices.		master works of dance.
Acute <u>kinesthetic</u> <u>awareness</u> and mastery of composition are essential for creating and interpreting master works of art.	1.1.12.A.2	Categorize the <u>elements</u> , principles, and <u>choreographic structures</u> of dance masterworks.
Interpretation of dance is heavily reliant on its context.	1.1.12.A.3	Analyze issues of gender, ethnicity, socio- economic status, politics, age, and physical conditioning in relation to dance performances.
Artistry in dance performance is accomplished through complete integration of anatomical principles and clear direction of intent and purpose.	1.1.12.A.4	Synthesize knowledge of anatomical principles related to body alignment, <u>body patterning</u> , <u>balance</u> , strength, and coordination in compositions and performances.

Content Area	Visual and Performing Arts
	<b>1.2 History of the Arts and Culture:</b> All students will understand the role, development, and influence of the arts throughout history and across cultures.
Strand	A. History of the Arts and Culture

12			students demonstrate <u>PROFICIENCY</u> in the	
12	DANCE, MUSIC, THEA		kills for their required area of specialization in IAL ART.	
	Cultural and historical events impact art-making as well as how audiences respond to works of art.	1.2.12.A.1	Determine how dance, music, theatre, and visual art have influenced world cultures throughout history.	
	Access to the arts has a positive influence on the quality of an individual's lifelong learning, personal expression, and contributions to community and global citizenship.	1.2.12.A.2	Justify the impact of innovations in the arts (e.g., the availability of music online) on societal norms and habits of mind in various <u>historical eras</u> .	
	contributions of an individual artist can influence a generation of artists and signal the beginning of a new art genre.		contributions of individual artists in dance, music, theatre, and visual art from diverse cultures throughout history.	
8		wledge and s	tudents demonstrate <u>COMPETENCY</u> in the kills for their required area of specialization in IAL ART.	
	Technological changes have and will continue to substantially influence the development and nature of the arts.	1.2.8.A.1	Map historical innovations in dance, music, theatre, and visual art that were caused by the creation of new technologies.	
	Tracing the histories of dance, music, theatre, and visual art in world cultures provides insight into the lives of people and their values.	1.2.8.A.2	Differentiate past and contemporary works of dance, music, theatre, and visual art that represent important ideas, issues, and events that are chronicled in the histories of diverse cultures.	
	The arts reflect cultural morays and personal aesthetics throughout the ages.	1.2.8.A.3	Analyze the social, historical, and political impact of artists on culture and the impact of culture on the arts.	
	<b>NOTE:</b> By the end of <u>grade 12</u> , all students demonstrate <u>PROFICIENCY</u> in the			

Conten Area	t	Visual and Performing Arts		
Standa	rd	<b>1.3 Performance:</b> All students will synthesize those skills, media, methods, and technologies appropriate to creating, performing, and/or presenting works of art in dance, music, theatre, and visual art.		
Strand		A. Dance		
By the end of grade		Content Statement	CPI#	Cumulative Progress Indicator (CPI)
5	the Fur mo stru def mid enc chc imp mo sec ma spa Kin tra rhy aud	following content ndamental vement uctures include a ined beginning, ddle, and ding. Planned preographic and provised vement quences nipulate time, ace, and energy. esthetic nsference of thm comes from ditory and visual	-	students demonstrate <u>BASIC LITERACY</u> in and skills in DANCE. Perform planned and improvised sequences with a distinct beginning, middle, and end that manipulate time, space, and energy, and accurately transfer rhythmic patterns from the auditory to the kinesthetic.
	The orig corr ofte imp chc The ess of a sec trai per var lev	muli. e creation of an ginal dance nposition is en reliant on provisation as a preographic tool. e sence/character a movement quence is also nsformed when formed at rying spatial els (i.e., low, ddle, and high),	1.3.5.A.2	Use improvisation as a tool to create and perform movement sequences incorporating various spatial levels (i.e., low, middle, and high), tempos, and spatial pathways.

	at different tempos, along different spatial pathways, or with different movement qualities.		
	Works of art, props, and other creative stimuli can be used to inform the thematic content of dances.	1.3.5.A.3	Create and perform dances alone and in small groups that communicate meaning on a variety of themes, using props or artwork as creative stimuli.
	Dance requires a fundamental understanding of body alignment and applied <u>kinesthetic</u> <u>principles</u> . Age- appropriate conditioning of the body enhances flexibility, balance, strength, focus, concentration, and performance technique.	1.3.5.A.4	Demonstrate developmentally appropriate kinesthetic awareness of basic anatomical principles, using flexibility, balance, strength, focus, concentration, and coordination.
	Various dance styles, traditions, and techniques adhere to basic principles of alignment, balance, focus, and initiation of movement.	1.3.5.A.5	Perform basic sequences of movement from different styles or traditions accurately, demonstrating proper alignment, balance, initiation of movement, and direction of focus.
8	-	cialization der	se students choosing DANCE as their monstrate COMPETENCY in the following
	Movement dynamics and qualities emphasize time, space, and energy. <u>Movement</u> <u>affinities</u> and <u>effort</u> <u>actions</u> impact dynamic tension and spatial relationships.	1.3.8.A.1	Incorporate a broad range of dynamics and movement qualities in planned and improvised solo and group works by manipulating aspects of time, space, and energy.
	Dance may be used	1.3.8.A.2	Choreograph and perform cohesive dance

	as a symbolic language to communicate universal themes and varied points of view about social, political, or historical issues in given eras.		works that reflect social, historical, and/or political themes.
	Foundational understanding of anatomical and <u>kinesthetic</u> <u>principles</u> is a contributing factor to dance artistry. Artistry in dance requires rhythmic acuity.	1.3.8.A.3	Choreograph and perform movement sequences that demonstrate artistic application of anatomical and kinesthetic principles as well as rhythmic acuity.
	Technology and <u>media arts</u> are often catalysts for creating original choreographic compositions.	1.3.8.A.4	Use <u>media arts</u> and technology in the creation and performance of short, original choreographic compositions.
12		cialization der	ose students choosing DANCE as their nonstrate PROFICIENCY in the following
	Creating highly integrated improvisational movement sequences develops personal style for solo and ensemble work. Characteristics of style vary broadly across dance genres.	1.3.12.A.1	Integrate and recombine movement vocabulary drawn from a variety of dance genres, using improvisation as a choreographic tool to create solo and ensemble compositions.
	Aesthetic quality results from conceptual coherence and from understanding and application of the principle unity of form and content.	1.3.12.A.2	Create theme-based solo and ensemble dances that have unity of form and content, conceptual coherence, and aesthetic unity.

Dance artistry is achieved through refined technique, musicality, clarity of choreographic intent, stylistic nuance, and application of proper body mechanics.	1.3.12.A.3	Demonstrate dance artistry with technical proficiency, musicality, stylistic nuance, clarity of choreographic intent, and efficiency of movement through the application of proper body mechanics.
Dance production collaborative and requires choreographic, technological, design, and performance skill.		Collaborate in the design and production of dances that use <u>choreographic</u> <u>structures</u> and incorporate various media and/or technologies.

Content Area	Visual and Per	Visual and Performing Arts				
Standar	<b>Standard 1.4 Aesthetic Responses &amp; Critique Methodologies:</b> All students will demonstrate and apply an understanding of arts philosophies, judgment, and analysis to works of art in dance, music, theatre, and visual art.					
Strand	A. Aesthetic R	esponses				
By the end of grade	Content Statement	CPI#	Cumulative Progress Indicator (CPI)			
5	in the following cont	<b>OTE:</b> By the end of <u>grade 5</u> , all students demonstrate <u>BASIC LITERACY</u> the following content knowledge and skills in DANCE, MUSIC, HEATRE, and VISUAL ART.				
	Works of art may be organized according to their functions and artistic purposes (e.g., <u>genres</u> , <u>mediums</u> , messages, themes).	1.4.5.A.1	Employ basic, <u>discipline-specific arts</u> <u>terminology</u> to categorize works of dance, music, theatre, and visual art according to established classifications.			
	Formalism in dance, music, theatre, and visual	1.4.5.A.2	Make informed aesthetic responses to artworks based on structural arrangement and personal, cultural,			

	art varies according to personal, cultural, and historical contexts.		and historical points of view.
	Criteria for determining the aesthetic merits of artwork vary according to context. Understanding the relationship between compositional design and <u>genre</u> provides the foundation for making value judgments about the arts.	1.4.5.A.3	Demonstrate how art communicates ideas about personal and social values and is inspired by an individual's imagination and frame of reference (e.g., personal, social, political, historical context).
8	the following conten	t knowledge	students demonstrate <u>COMPETENCY</u> in and skills for their required area of THEATRE, or VISUAL ART.
	Contextual clues to artistic intent are embedded in artworks. Analysis of <u>archetypal</u> or <u>consummate</u> works of art requires knowledge and understanding of culturally specific art within historical contexts.	1.4.8.A.1	Generate observational and emotional responses to diverse culturally and historically specific works of dance, music, theatre, and visual art
	Art may be used for <u>utilitarian and</u> <u>non-utilitarian</u> purposes.	1.4.8.A.2	Identify works of dance, music, theatre, and visual art that are used for utilitarian and non-utilitarian purposes.
	Performance technique in dance, music, theatre, and visual art varies according to <u>historical era</u> and <u>genre</u> .	1.4.8.A.3	Distinguish among artistic styles, trends, and movements in dance, music, theatre, and visual art within diverse cultures and historical eras.

	Abstract ideas may be expressed in works of dance, music, theatre, and visual art using a <u>genre's</u> stylistic traits.	1.4.8.A.4	Compare and contrast changes in the accepted meanings of known artworks over time, given shifts in societal norms, beliefs, or values.
	Symbolism and metaphor are characteristics of art and art- making.	1.4.8.A.5	Interpret symbolism and metaphors embedded in works of dance, music, theatre, and visual art.
	Awareness of basic elements of style and design in dance, music, theatre, and visual art inform the creation of criteria for judging originality.	1.4.8.A.6	Differentiate between "traditional" works of art and those that do not use conventional elements of style to express new ideas.
	Artwork may be both <u>utilitarian and</u> <u>non-utilitarian</u> . Relative merits of works of art can be assessed through analysis of form, function, craftsmanship, and originality.	1.4.8.A.7	Analyze the form, function, craftsmanship, and originality of representative works of dance, music, theatre, and visual art.
12	<b>NOTE:</b> By the end o in the following cont	ent knowledg	Il students demonstrate <u>PROFICIENCY</u> le and skills for their required area of THEATRE, or VISUAL ART.
	Recognition of fundamental elements within various arts disciplines (dance, music, theatre, and visual art) is dependent on the ability to decipher cultural implications embedded in artworks.	1.4.12.A.1	Use contextual clues to differentiate between unique and common properties and to discern the cultural implications of works of dance, music, theatre, and visual art.
	Contextual clues within artworks	1.4.12.A.2	Speculate on the artist's intent, using discipline-specific arts terminology and

often reveal artistic intent, enabling the viewer to hypothesize the artist's concept.		citing embedded clues to substantiate the hypothesis.
Artistic styles, trends, movements, and historical responses to various <u>genres</u> of art evolve over time.	1.4.12.A.3	Develop informed personal responses to an assortment of artworks across the four arts disciplines (dance, music, theatre, and visual art), using historical significance, craftsmanship, cultural context, and originality as criteria for assigning value to the works.
Criteria for assessing the historical significance, craftsmanship, cultural context, and originality of art are often expressed in qualitative, <u>discipline-specific</u> <u>arts terminology</u> .	1.4.12.A.4	Evaluate how exposure to various cultures influences individual, emotional, intellectual, and kinesthetic responses to artwork.

Content Area		Visual and Performing Arts			
Standard		<b>1.4 Aesthetic Responses &amp; Critique Methodologies:</b> All students will demonstrate and apply an understanding of arts philosophies, judgment, and analysis to works of art in dance, music, theatre, and visual art.			
Strand		<b>B. Critique Me</b>	ethodologie	25	
By the end of grade		Content Statement	CPI#	Cumulative Progress Indicator (CPI)	
5	in t		ent knowledg	students demonstrate <b>BASIC LITERACY</b> ge and skills in DANCE, MUSIC,	
	for per res unc art	ntifying criteria evaluating formances ults in deeper lerstanding of and art- king.	1.4.5.B.1	Assess the application of the elements of art and principles of design in dance, music, theatre, and visual artworks using observable, objective criteria.	
co re m as		coding simple itextual clues uires evaluation chanisms, such rubrics, to sort t from opinion.	1.4.5.B.2	Use evaluative tools, such as rubrics, for self-assessment and to appraise the objectivity of critiques by peers.	
	sha am arts dar the art, its <u>spe</u>	ile there is ared vocabulary ong the four s disciplines of nce, music, atre, and visual , each also has own <u>discipline-</u> <u>ecific arts</u> <u>minology</u> .	1.4.5.B.3	Use discipline-specific arts terminology to evaluate the strengths and weaknesses of works of dance, music, theatre, and visual art.	
	pro ass ana arti ele ano	rels of ficiency can be essed through alyses of how ists apply the ments of art d principles of sign.	1.4.5.B.4	Define technical proficiency, using the elements of the arts and principles of design.	

	Artists and audiences can and do disagree about the relative merits of artwork. When assessing works of dance, music, theatre and visual art, it is important to consider the context for the creation and performance of the work (e.g., Who was the creator? What purpose does the artwork serve? Who is the intended audience?).	1.4.5.B.5	Distinguish ways in which individuals may disagree about the relative merits and effectiveness of artistic choices in the creation and performance of works of dance, music, theatre, and visual art.
8	<b>NOTE:</b> By the end of <u>grade 8</u> , all students demonstrate <u>COMPETENC</u> the following content knowledge and skills for their required area of specialization in DANCE, MUSIC, THEATRE, or VISUAL ART.		
	Assessing a work of art without critiquing the artist requires objectivity and an understanding of the work's content and form.	1.4.8.B.1	Evaluate the effectiveness of a work of art by differentiating between the artist's technical proficiency and the work's content or form.
	Visual fluency is the ability to differentiate formal and informal structures and objectively apply observable criteria to the assessment of artworks, without consideration of the artist.	1.4.8.B.2	Differentiate among basic formal structures and technical proficiency of artists in works of dance, music, theatre, and visual art.
	Universal elements of art and principles of design apply equally to artwork across cultures	1.4.8.B.3	Compare and contrast examples of archetypal subject matter in works of art from diverse cultural contexts and historical eras by writing critical essays.

	and historical eras.		
12	<b>NOTE:</b> By the end of <u>grade 12</u> , all students demonstrate <u>PROFICIENCY</u> in the following content knowledge and skills for their required area of specialization in DANCE, MUSIC, THEATRE, or VISUAL ART.		
	Archetypal subject matter exists in all cultures and is embodied in the formal and informal aspects of art.	1.4.12.B.1	Formulate criteria for arts evaluation using the principles of positive critique and observation of the elements of art and principles of design, and use the criteria to evaluate works of dance, music, theatre, visual, and multimedia artwork from diverse cultural contexts and <u>historical eras</u> .
	The cohesiveness of a work of art and its ability to communicate a theme or narrative can be directly affected by the artist's technical proficiency as well as by the manner and physical context in which it is performed or shown.	1.4.12.B.2	Evaluate how an artist's technical proficiency may affect the creation or presentation of a work of art, as well as how the context in which a work is performed or shown may impact perceptions of its significance/meaning.
	Art and art-making reflect and affect the role of technology in a global society.	1.4.12.B.3	Determine the role of art and art- making in a global society by analyzing the influence of technology on the visual, performing, and multimedia arts for consumers, creators, and performers around the world.

### **Upper Elementary School Dance Outline**

- 1. Intro to Dance
  - a. What is Dance?
  - b. Types of dance techniques
  - c. Dance class structure, and procedures in the dance class
  - d. Choreography/Performance
  - e. Locomotor and non-locomotor movement
  - f. Levels, force, space, time, and shape
  - g. Improvisational exercises
- 2. Introduction to Jazz Dance
  - a. Structure of a jazz class (warm-up, across the floor, center and technique)
  - b. Jazz vocabulary and performance of steps
  - c. Jazz legends and masters
  - e. Observation and discussion of Jazz choreography

#### 3. Introduction to Ballet

- a. History of ballet dance (based on the school you are teaching)
- b. Structure of a traditional ballet class
- c. Ballet vocabulary (positions of feet, Plié, tendue, battment and sauté)
- d. Observation of a ballet performance/ Ballet Masters
- e. Conduct a structured ballet class/ learn vocabulary steps
- 4. Introduction to Modern Dance
  - a. History of Modern Dance
  - b. Structure of a modern dance class
  - c. Basic modern dance vocabulary
  - d. Modern dance masters and legends
  - e. Viewing of modern dance performance
  - f. Learn basic modern dance steps
- 5. Introduction to World Dance
  - a. History and traditions of the dance style
  - b. Basic dance vocabulary and performance of steps in the style
  - c. Observation and analysis of performance in that style
- 7. Line/Social Dance
  - a. Historical and cultural contexts and traditions
  - b. Viewing of line and ballroom dances
  - c. Learn basic vocabulary and dance steps
  - d. Introduction to partnering
  - f. Introduction to formations and patterns
- 6. Introduction to Tap Dance
  - a. Historical and cultural contexts and traditions

- b. Structure of a traditional tap classc. Basic tap dance vocabulary and performance of stepsd. Tap Masters and Legendse. Observation and analysis of tap performance

## **Junior High School Dance Outline**

1. Beginning Modern

(This unit will be continuous throughout the year)

- a. Beginning modern dance vocabulary and technique
- b. Body conditioning and strengthening
- c. History of modern dance technique
- d. Historical modern dance works
- 2. Knowing Your Instrument
  - a. Purposes of warming up
  - b. Learn warm-up routine
  - c. Basic dance vocabulary (Plié, tendú, first and second position, parallel, turnout, chassé, pivot, degagé, straddle, point, flex, and roll down.
  - d. Joint actions and basic anatomical principles
  - e. Use of breath to support movement
  - f. Laban vocabulary
- 3. Folkloric Dance #1
  - a. Identify general principles of dance style
  - b. Discuss historical and cultural traditions
  - c. Observation and analysis of video footage
  - d. Learn basic dance steps
  - e. Create a choreographic study using principles of dance style
- 4. Musical Theater Dance (jazz, tap, or character dance)
  - a. Identify general principles of dance style
  - b. Discuss historical and cultural influences of dance style
  - c. Learn steps in musical theater genre of choice
  - d. Dance legends in genre
  - e. Critique and analysis of dance works
- 5. Beginner Ballet
  - a. History of ballet, schools and genres of ballet
  - b. Ballet legends from each genre of ballet
  - c. Beginner ballet vocabulary and dance steps
  - d. Comparison and analysis of works from different schools of ballet
  - e. Choreographic exercises in ballet technique
- 6. Introduction to Contemporary Modern
  - a. Influences on contemporary modern dance
  - b. Performance and presentation elements of dance
  - c. Observation and analysis of contemporary choreography
  - d. Choreographic exercises based in contemporary modern styles
- 7. Folkloric Dance #2
  - a. Identify general principles of dance style
  - b. Discuss historical and cultural traditions

- c. Observation and analysis of video footage
- d. Learn basic dance steps
- e. Create a choreographic study using principles of dance style
- 8. Improvisation/Composition
  - a. Improvisational individual and group exercises
  - b. Using elements of dance to inspire improvisation
  - c. Mini-choreographic studies
  - d. Final choreographic project and performance

### **High School Dance Curriculum**

#### Marking Period 1 ELEMENTS/ DANCE TERMS and TECHNIQUES

- a. Modern Technique (Graham, Horton)
- b. Beginning Ballet
- c. Intermediate Ballet
- d. Introduction to Pointe Studies (by audition)
- e. Dance Ensemble Intermediate/Advance Ballet (by audition)
- f. Honors Dance Advanced Ballet (National Dance Honor Society members audition only)
- g. Dance vocabulary
- h. Anatomy and health
- i. Music appreciation
- j. Increase usage of mobility and stability as related to dance techniques

#### Marking Period 2 CREATION AND CHOREOGRAPHY

- a. Vocabulary sentences (across the floor)
- b. Lyrical/Contemporary Modern dance style
- c. Beginning vocabulary
- d. Progressions
- e. Laban vocabulary, symbols, and dimensions
- f. Advanced Improvisation (Juniors and Seniors)
- g. Self-assessment
- h. Composition
- i. Learning classic repertoire
- j. Resume writing
- k. Dance audition studies
- l. Portfolio
- m. Writing grant proposals for prospective dance company owners
- n. Dance education outreach/field-trips

#### **Marking Period 3 PERFORMANCE**

- a. Concert participation
- b. Intermediate vocabulary
- c. Musical Theater Dance (Jazz, Tap)
- d. Patterns of style and dynamics
- e. Professional dance talent circuits (Competitions)
- f. Dance on film/Documentaries
- g. Audience behavior/Stage etiquette
- h. Production, Stage technology
- i. Introduction to Dance Lighting Design
- j. Stage Make-up and Costumes
- k. Dance Video Art
- 1. Partnering techniques
- m. Training the athletic dancer (Male Athletes)

#### Marking Period 4 DANCE HISTORY

- a. History (Modern, Ballet, Musical Theatre, Tap, Jazz, Lyrical, Contemporary Modern, Folkloric, Hip Hop)
- b. Advanced vocabulary
- c. Folkloric dance
- d. The power of dance within our culture and society
- e. Concert and choreography observation and feedback
- f. Dance Criticism (Dance Rubric of Critique)
- g. Study of choreographers and dancers
- h. Senior solo final dance project (journal writing & video documentary)

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# **Upper Elementary Dance**

Timeline: 3 weeksUpper Elementary DanceUnit 1: Introduction to DanceSTEP 1 -Students will develop body awareness through the study of dance elements<br/>and improvisation and will become familiar with routines and procedures of<br/>the dance classroom.IDEAUpper Elementary DanceUnit 1: Introduction to Dance

<b>STEP 2 - LEARNING OUTCOMES</b>		
NJCCC Standards - Content	<b>Instructional Objectives</b> – Skills	
What Students will Know	What Students will be able to do	
	Students will be able to:	
1.1- The Creative Process	<ul> <li>recognize and demonstrate</li> </ul>	
1.3- Performance	locomotor and non-locomotor	
	movements	
	- develop controlled use of space	
	when moving alone or in groups	
	- respond in movement to even and	
	uneven rhythms and distinguish	
	and respond to the downbeat in	
	3/4 and 4/4 meter	
	- use their body to create round,	
	straight, angular, twisted, and	
	three-dimensional shapes	
	- contrast strong and light force in	
	movement phrases	
	- contrast bound and free-flowing	
	movement	
	- display appropriate physical	
	response to improvisation games	
	and guided improvisation	
	exercises	
	- identify and apply dance	
	classroom procedures	

STEP 3 – TO CONSIDER				
Essential Questions	Vocabulary			
What is locomotor and non-locomotor movement?	<ul> <li>locomotor movement</li> <li>non-locomotor movement</li> <li>time (rhythm, beat, tempo)</li> </ul>			
What are the elements of dance?	<ul> <li>space (general and personal)</li> <li>shape (round, straight, angular,</li> </ul>			
How do we apply improvisational dance techniques?	<ul> <li>twisted, three-dimensional)</li> <li>effort (strong and light)</li> <li>flow (bound and free)</li> </ul>			
What are the routines and procedures of the dance classroom?	<ul><li>improvisation</li><li>dynamics</li></ul>			

STEP 4 - ACTIV	ITIES		<b>STEP 5 - EVIDENCE</b>
Learning Activities – Technology -		Assessm	ents
Integration			
<ul> <li>Students will part improvisational ga exercises</li> <li>Students will braid demonstrate exam- locomotor and nor movement</li> <li>create several bod on prompting from</li> <li>practice and discu- procedures upon ed dance class</li> <li>students identify the elements</li> <li>Project: Where do Students will writt different areas of they see dance. Ea least 4 sentences of it was, who was da type of dance it w They will use the vocabulary learne use a picture to re "area".</li> </ul>	ames and nstorm and ples of n-locomotor y shapes based n the teacher ss proper entering the basic dance you see dance? e about 3 their life that ach area needs at lescribing where oing it, what as, and why. movement d in class and	-	Student demonstration of movement principles and dance elements in response to verbal direction Grading of project based on rubric scale

Timeline: 4	weeks	Upper Elementary Dance	Unit 2: Introduction to Jazz Dance	
<b>STEP 1 –</b>	Students	will demonstrate core princip	oles and vocabulary in the Jazz	
BIG	technique and identify and discuss the history and context of Jazz dance.			
IDEA	1 5 5			

STEP 2 - LEARNING OUTCOMES			
NJCCC Standards - Content What Students will Know	<b>Instructional Objectives</b> – Skills What Students will be able to do		
<ul><li>1.1- Creative Process</li><li>1.2- History of the Arts and Culture</li><li>1.3- Performance</li></ul>	<ul> <li>Students will be able to: <ul> <li>identify and perform basic Jazz movements</li> <li>name, recognize and discuss Jazz legends</li> <li>perform Jazz choreography</li> <li>identify core principles of Jazz dance</li> </ul> </li> </ul>		

STEP 3 – TO CONSIDER		
Essential Questions	Vocabulary	
What are the core principles of Jazz dance? Who are the Jazz dance legends? What is the history of Jazz dance?	<ul> <li>basic jazz positions (parallel 1st, parallel 2<sup>nd</sup>, turned out 1<sup>st</sup>, turned out 2<sup>nd</sup>)</li> <li>jazz vocabulary (Plié, relevé, tendu, chassé, passé, grapevine, cross touch, jazz hands, ball change, point, flex, isolation)</li> <li>Jazz legends (Luigi, Jerome Robbins, Chita Rivera, Bob Fosse, Gwen Verdon, Frank Hatchet)</li> </ul>	

STEP 4 - ACTIVITIES	STEP 5 - EVIDENCE
Learning Activities – Technology - Integration	Assessments
-learn and demonstrate choreographed jazz warm-up	-Memorization and performance of jazz warm-up
<ul> <li>-read about jazz legends and participate in class discussion about readings</li> <li>-observe and discuss video footage of jazz choreographers</li> </ul>	<ul> <li>Responses to readings</li> <li>Demonstration of completed jazz routine</li> </ul>
-learn and perform jazz routine choreographed by the teacher	

Timeline: 4	weeks	Upper Elementary Dance	Unit 3: Introduction to Ballet
<b>STEP 1</b> –	Students will demonstrate core principles and vocabulary in the ballet		
BIG	technique and identify and discuss the history and context of ballet.		
IDEA			

<b>STEP 2 - LEARNING OUTCOMES</b>			
NJCCC Standards - Content What Students will Know	<b>Instructional Objectives</b> – Skills What Students will be able to do		
<ul> <li>1.1- Creative Process</li> <li>1.2- History of the Arts and Culture</li> <li>1.3- Performance</li> </ul>	<ul> <li>Students will be able to: <ul> <li>identify and perform basic ballet movements and vocabulary</li> <li>name, recognize and discuss ballet pioneers</li> <li>perform ballet choreography sequences</li> <li>identify core principles of ballet</li> </ul> </li> </ul>		

STEP 3 – TO CONSIDER				
Essential Questions	Vocabulary			
What are the core principles of ballet? Who are the influential figures in ballet? What is the history of ballet?	<ul> <li>ballet positions of the feet</li> <li>ballet vocabulary (pile, relevé, tendu, degagé, rond de jambe, chassé, arm positions, port de bras, passé, body facings)</li> <li>Ballet pioneers/legends (Balanchine, NYCB, Peter Martins, Vaslav Nijinsky, Jacques D'Amboise, the Nutcracker, Arthur Mitchell, Dance Theatre of Harlem, etc.)</li> </ul>			

STEP 4 - ACTIVITIES	<b>STEP 5 - EVIDENCE</b>
Learning Activities – Technology -	Assessments
Integration	
<ul> <li>-learn and demonstrate Barre work and five positions in ballet</li> <li>-read about influential figures in ballet and participate in class discussion about readings</li> <li>-create a timeline of ballet history</li> <li>-observe and discuss video footage of ballet repertoire (The Nutcracker)</li> <li>-learn and perform ballet choreography created by the teacher</li> </ul>	<ul> <li>-Performance of bare work and five positions</li> <li>-Written quiz to identify five positions</li> <li>-Responses to readings</li> <li>-Demonstration of ballet choreography</li> <li>-Timeline graded by rubric</li> </ul>

Timeline: 7 weeksUpper Elementary DanceUnit 4: Introduction to Modern DanceSTEP 1 -Students will demonstrate core principles and vocabulary in modern danceBIGand identify and discuss the history and context of modern.IDEA

<b>STEP 2 - LEARNING OUTCOMES</b>				
NJCCC Standards - Content What Students will Know	<b>Instructional Objectives</b> – Skills What Students will be able to do			
<ul> <li>1.1- Creative Process</li> <li>1.2- History of the Arts and Culture</li> <li>1.3- Performance</li> <li>1.4- Aesthetic Responses and Critique Methodologies</li> </ul>	<ul> <li>Students will be able to: <ul> <li>identify and perform basic modern movements and vocabulary</li> <li>name, recognize and discuss well-known modern dancers and choreographers</li> <li>perform modern choreography sequences</li> <li>observe and critique footage of a modern dance piece</li> <li>identify core principles of modern and apply them to student choreography</li> </ul> </li> </ul>			

STEP 3 – TO CONSIDER				
Essential Questions	Vocabulary			
What are the core principles of modern? Who are some well-known modern dancers and choreographers? What is the history of modern dance?	<ul> <li>Modern dance positions</li> <li>Basic modern vocabulary including contraction, release, and fall/recovery</li> <li>Modern dancers/choreographers (Isadora Duncan, Rudolph Laban, Paul Taylor, José Limón, Merce</li> </ul>			
How can we apply the principles of modern and the elements of dance to the creation of choreography? How do we critique modern dance?	Cunningham, Alvin Ailey, Alvin Ailey American Dance Theater, Trisha Brown, etc.) - Dance elements (from Unit 1)			
<b>STEP 4 - ACTIVITIES</b>	<b>STEP 5 - EVIDENCE</b>			
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Learning Activities – Technology -	Assessments			
Integration				
-learn basic modern positions	-Completion of the choreographic exercises graded by a rubric			
-read about modern dancers and choreographers and participate in class discussion about readings	-Written feedback and critique of modern dance works			
-learn and perform modern choreography	-Responses to readings			
created by the teacher	-Demonstration of modern choreography			
-choreographic exercises: such as creating small group or individual choreography based on principles of modern dance (i.e.: using "I Statements," creating shape phrases, manipulating choreography using dance elements, creating phrases using props/outside motivation, etc.) -Observe a modern dance work from one or more of the listed choreographers. Students will fill out a guided observation/critique questionnaire and discuss feedback with the class				

Timeline: 5 weeksUpper Elementary DanceUnit 6: Introduction to World DanceSTEP 1 -Students will connect world dances with the culture they represent through<br/>learning the basic movement vocabulary of a variety of world dances.BIGIDEA

STEP 2 - LEARNING OUTCOMES		
NJCCC Standards - Content What Students will Know	<b>Instructional Objectives</b> – Skills What Students will be able to do	
<ul> <li>1.1- Creative Process</li> <li>1.2- History of the Arts and Culture</li> <li>1.3- Performance</li> <li>1.4- Aesthetic Responses and Critique Methodologies</li> </ul>	<ul> <li>Students will be able to:</li> <li>discuss the history and purpose of the selected world dances</li> <li>demonstrate basic dance steps from the selected world dances</li> <li>observe and discuss video footage of selected world dances</li> <li>compare and contrast movement from the dances of at least two different cultures</li> </ul>	

STEP 3 – TO CONSIDER		
Essential Questions	Vocabulary	
<ul> <li>-What are some similarities and differences between two world dances?</li> <li>-What observations can we make about the world dance featured in the video?</li> <li>-What are the cultural influences and purposes related to the world dance?</li> </ul>	<ul> <li>ceremonial</li> <li>ritual</li> <li>rites of passage</li> <li>dance-dramas</li> <li>vocabulary specific to the world dance style chosen</li> </ul>	

<b>STEP 4 - ACTIVITIES</b>	<b>STEP 5 - EVIDENCE</b>
Learning Activities – Technology -	Assessments
Integration	
<ul> <li>Students will complete a Venn diagram to compare and contrast two world dances chosen</li> <li>Students will observe video footage of a world dance and participate in a group discussion/reaction.</li> <li>Students will choose a country that has not been studied during class and will research and present information about a cultural dance from that country. Research should include a geographical representation of the country, information about the people who perform the dance, traditional clothing, purpose of the dance, and an example of a movement from that dance.</li> <li>Learn and perform traditional movement and choreography from a world dance</li> </ul>	<ul> <li>Completion of venn diagram</li> <li>Participation in class discussion of video footage.</li> <li>Completed world dance research assignment</li> <li>Demonstration and performance of world dance choreography</li> </ul>

Timeline: 4 weeksUpper Elementary DanceUnit 7: Line /Social DancesSTEP 1 -Distinguish the similarities and differences between a variety of line and<br/>social dances and correctly perform the steps, patterns, and formations of<br/>each dance.BIGeach dance.

STEP 2 - LEARNING OUTCOMES		
NJCCC Standards - Content What Students will Know	<b>Instructional Objectives</b> – Skills What Students will be able to do	
<ul> <li>1.1- Creative Process</li> <li>1.2- History of the Arts and Culture</li> <li>1.3- Performance</li> </ul>	<ul> <li>Students will be able to: <ul> <li>identify and discuss the cultural influences of specific line and social dances</li> <li>analyze similarities and differences in line and social dances</li> <li>perform steps of basic line and social dances</li> <li>demonstrate proper partnering techniques influenced by line and social dance</li> <li>create their own line dance using common elements of line dances</li> </ul> </li> </ul>	

STEP 3 – TO CONSIDER		
Essential Questions	Vocabulary	
<ul> <li>What are the cultural influences of line and social dances?</li> <li>What are the similarities and differences between line dances and social dances?</li> <li>How do we engage in line and social dances?</li> <li>How are new line dances created?</li> </ul>	<ul> <li>grapevine</li> <li>slide</li> <li>pattern</li> <li>formation</li> <li>pivot</li> <li>stomp</li> <li>shuffle</li> <li>chug</li> <li>Jig</li> <li>Reel</li> <li>Quadrille</li> <li>Cotillion</li> <li>Charleston</li> <li>cake walk</li> </ul>	

<b>STEP 4 - ACTIVITIES</b>	<b>STEP 5 - EVIDENCE</b>
Learning Activities – Technology -	Assessments
Integration	
-Observe footage of line dances and discuss the patterns and formations used in the dance.	-Participation in group discussion of patterns and formation in line and social dance
-Learn and perform the steps and patterns in a variety of structured line and social dances.	-Participation in the performance of the line and social dances
-Read an excerpt of information about the cultural context of the line and social	-Completion of discussion questions about the reading assignments
dances presented in class. Students will answer discussion questions based on the reading assignment.	-Presentation of group line dance graded by rubric
-Trust/Partnering activities such as mirroring, shadowing, or weight sharing.	
-In small groups students will create an original line dance based on the criteria provided by the teacher	

Timeline: 6	weeks	Upper Elementary Dance	Unit 8: Introduction to Tap Dance
<b>STEP 1 –</b>	Students	will demonstrate core princip	les and vocabulary in a variety of
BIG	styles of	Tap dance and identify and d	iscuss the history and context of Tap
IDEA	dance.		

STEP 2 - LEARNING OUTCOMES		
NJCCC Standards - Content What Students will Know	<b>Instructional Objectives</b> – Skills <i>What Students will be able to do</i> Students will be able to:	
<ul> <li>1.1- Creative Process</li> <li>1.2- History of the Arts and Culture</li> <li>1.3- Performance</li> <li>1.4- Aesthetic Responses and Critique Methodologies</li> </ul>	<ul> <li>identify and perform basic Tap vocabulary and dance steps</li> <li>name, recognize and discuss historical figures of Tap dance</li> <li>perform Tap choreography</li> <li>identify core principles of Tap dance</li> </ul>	

STEP 3 – TO CONSIDER		
Essential Questions	Vocabulary	
Essential Questions What are the core principles of Tap dance? Who are the historical figures in Tap dance? What is the history of Tap dance?	<ul> <li>marches</li> <li>heel slaps</li> <li>flap</li> <li>shuffle</li> <li>Suzy Q</li> <li>step ball change</li> <li>claps</li> <li>shuffle ball change</li> <li>claps</li> <li>shuffle ball change</li> <li>Irish</li> <li>Waltz Clog</li> <li>hop and jump</li> <li>strike</li> <li>step chug</li> <li>step brush</li> <li>strut</li> <li>time step</li> <li>heel tap</li> <li>paddle</li> <li>roll</li> </ul>	
	- cramproll	

STEP 4 - ACTIVITIES	<b>STEP 5 - EVIDENCE</b>
Learning Activities – Technology - Integration	Assessments
<ul> <li>-Read/watch video about historical figures of Tap and participate in class discussion about readings/video</li> <li>-learn and perform Tap routine choreographed by the teacher</li> <li>-Students will observe a video presentation of different styles of tap and complete a guided response questionnaire highlighting the similarities and differences between styles</li> <li>-Call and response and choreographed Tap exercises led by teacher</li> <li>-In small groups, students will create a short dance phrase using elements of Tap</li> </ul>	<ul> <li>-Responses to readings/video about historical Tap figures</li> <li>-Demonstration of completed Tap routine</li> <li>-Completion of video response questionnaire</li> <li>-Presentation and accuracy of student- created Tap phrase based on teacher- created rubric</li> </ul>

## **Junior High School Dance**

Timeline: Year-long, ongoingJunior High School DanceUnit: Beginning ModernSTEP 1 -Students will be able to demonstrate knowledge and mastery of beginningBIGModern technique through ongoing technique classes and describe andIDEAdiscuss contributions of historical Modern dance figures.

<b>STEP 2 - LEARNING OUTCOMES</b>	
NJCCC Standards - Content What Students will Know	<b>Instructional Objectives</b> – Skills What Students will be able to do
<ul> <li>1.2- History of the Arts and Culture</li> <li>1.3- Performance</li> <li>1.4- Aesthetic Responses and Critique Methodologies</li> </ul>	<ul> <li>Students will be able to: <ul> <li>demonstrate mastery of beginning Modern dance vocabulary and skills</li> <li>explain the historical contributions of Modern dance pioneers</li> <li>observe and discuss works of Modern dance choreographers</li> </ul> </li> </ul>

STEP 3 – TO CONSIDER	
Essential Questions	Vocabulary
What are some of the historical modern dance techniques?	<ul> <li>roll down</li> <li>contraction</li> <li>release</li> </ul>
How do we train in modern dance technique?	<ul> <li>flat back</li> <li>spiral</li> <li>parallel/turnout</li> </ul>
What are the similarities and differences between the historical modern dance techniques?	<ul> <li>fall/recovery/rebound</li> <li>triplets</li> <li>Modern dance positions of feet and</li> </ul>
Who are the historical figures in the modern dance world and what are their contributions to modern dance?	arms - inversions - fan - swings - leg swings
What are some historical modern dance works and what elements of dance can	

we observe in them?	

<b>STEP 4 - ACTIVITIES</b>	<b>STEP 5 - EVIDENCE</b>
Learning Activities – Technology - Integration	Assessments
<ul> <li>-Learn and perform Modern dance exercises, combinations, and routines</li> <li>-Watch video footage of Modern dance pioneers and their works. Fill out graphic organizers to guide video observations. Take part in class discussions.</li> <li>-Read biographical information about modern dance pioneers and answer guided discussion questions</li> </ul>	<ul> <li>-Modern dance skills tests</li> <li>-Accurate performance of exercises, combinations, and routines graded by rubric/checklist</li> <li>-Written quizzes on Modern dance pioneers</li> <li>-Self- and peer- assessments of performance of dance exercises and combinations</li> <li>-Completion of graphic organizers and discussion questions</li> </ul>

Timeline: 4 weeksJunior High School DanceUnit 1: Knowing Your InstrumentSTEP 1 -Students will demonstrate a foundational awareness of proper alignment,<br/>breath, and body action by establishing healthy and anatomically safe habits<br/>in the dance classroom.

<b>STEP 2 - LEARNING OUTCOMES</b>	
NJCCC Standards - Content What Students will Know	<b>Instructional Objectives</b> – Skills What Students will be able to do
NJCCC Standards - Content         What Students will Know         1.3- Performance         1.4- Aesthetic Responses and Critique         Methodologies	<ul> <li>What Students will be able to do</li> <li>Students will be able to: <ul> <li>identify and discuss basic anatomical components of the core and demonstrate their correct alignment</li> <li>demonstrate awareness of using breath to support their movement</li> <li>execute the warm-up sequence without the aid of the teacher</li> <li>dialogue about the importance of warming up and evaluate the effectiveness</li> </ul> </li> </ul>
	of a warm-up - identify the major joints and demonstrate their range of movements - correctly perform basic foundational steps individually and in combination

STEP 3 – TO CONSIDER	
Essential Questions	Vocabulary
Why should we warm up?	-point
	-flex
How do we warm up our bodies for	-pile
dancing?	-tendú
	-degage
What does a proper warm-up consist of?	-chasse
	-pivot
How does strengthening the core benefit a	-modern dance walks and runs
dancer?	-parallel
	-turnout
What is proper alignment?	-first and second position
	-roll down
How do we use breath to support our	-spine/vertebrae
movement?	-core
	-pelvis
	- Pilates/Yoga vocabulary (hundreds, cobra,
	single leg stretch, spine twist, downward
	dog)
	-joint
	-straddle

STEP 4 - ACTIVITIES	<b>STEP 5 - EVIDENCE</b>
Learning Activities – Technology -	Assessments
Integration	
- Learn and perform the different sections of the warm-up with increasingly less prompting from the teacher	-Quiz: Basic unit dance terms, definitions and identifications
- Perform basic exercises practicing the vocabulary from the unit	-Peer Assessment: Students will use a checklist to assess the alignment of one of their classmates.
-Learn and perform short combinations using the vocabulary from the unit	-Warm-up Skills Test- Students will be graded on their ability to perform the warm-up correctly with minimal prompting
- Prompt: Explain why it is important to warm up and what elements make up a proper warm-up	from the teacher
-Midway self-reflection: Which exercises do you feel that you understand and execute well? Which exercises do you feel you need to improve? What do you find particularly challenging about those exercises?	
-Final self-reflection: What changes have you noticed in your ability to perform the warm-up and strengthening exercises?	

Timeline: 5 weeksJunior High School DanceUnit 2: Folkloric Dance #1STEP 1 -Students will identify and apply general principles of the folkloric dance to<br/>create small choreographic studies that use dance concepts to communicateBIGstudents' intended purpose.

<b>STEP 2 - LEARNING OUTCOMES</b>	
NJCCC Standards - Content What Students will Know	<b>Instructional Objectives</b> – Skills What Students will be able to do
<ul> <li>1.1- Creative Process</li> <li>1.2- History of the Arts and Culture</li> <li>1.3- Performance</li> <li>1.4- Aesthetic Responses and Critique Methodologies</li> </ul>	<ul> <li>Students will be able to:</li> <li>identify and demonstrate the general movement principles of the folkloric dance in their choreography</li> <li>discuss historical and cultural traditions of the country from which the dance originates</li> <li>observe video footage of the folkloric dance and analyze and identify general movement principles</li> <li>perform a variety of dance steps particular to the style, individually and in combination</li> <li>use dance concepts (chosen by teacher) to communicate the purpose of their dance</li> </ul>

STEP 3 – TO CONSIDER	
Essential Questions	Vocabulary
<ul><li>What are the general movement principles of this dance?</li><li>What historical and cultural traditions influence this dance?</li><li>What are the purposes of this dance in its country/countries of origin?</li></ul>	<ul> <li>dance steps particular to the dance style chosen</li> <li>cultural and historical words of importance specific to the dance and the culture from which is comes</li> <li>general movement principles specific to the dance</li> <li>dance concepts that will be explored through studying the dance and in student choreography (i.e.: space, relationships, levels, etc)</li> </ul>

STEP 4 - ACTIVITIES	STEP 5 - EVIDENCE
Learning Activities – Technology - Integration	Assessments
<ul> <li>Baseline assessment to learn about what they already know about the dance</li> <li>Students will perform teacher-created choreography on their own</li> <li>Students will view video footage of the folkloric dance and participate in guided discussion and response activities</li> <li>Students will fill out a graphic organizer to plan for the ways that they will use dance concepts to communicate their choreographic intent</li> <li>Students will collaborate with their groups to create a dance study in the folkloric style</li> <li>Students will view video footage of their dance work and fill out self-assessment sheets after viewing their work</li> <li>Students will perform their dance study within the larger choreography created by teacher</li> </ul>	<ul> <li>-Peer Assessment: Students will use a guided response sheet to analyze the work of other students</li> <li>-Completion of the graphic organizer</li> <li>-Quiz- Students will take a quiz on the principles and purposes of the folkloric dance</li> <li>-Completion of self-assessment sheets after viewing their own choreography</li> <li>-Presentation of choreography- Students will be graded on their use of the general principles, movements, dance concepts as specified by a teacher-created rubric</li> </ul>

Timeline: 4 weeks Junior High School Dance Unit 3

Unit 3: Musical Theatre Dance (jazz, tap, or character dance)

STEP 1 –Students will demonstrate core principles, vocabulary, and skills in MusicalBIGTheatre dance and apply their understanding to the analysis of repertoryIDEAworks.

STEP 2 - LEARNING OUTCOMES	
NJCCC Standards - Content What Students will Know	<b>Instructional Objectives</b> – Skills What Students will be able to do
<ul> <li>1.2- History of the Arts and Culture</li> <li>1.3- Performance</li> <li>1.4- Aesthetic Responses and Critique Methodologies</li> </ul>	<ul> <li>Students will be able to: <ul> <li>identify and demonstrate core principles of the Musical Theatre dance style</li> <li>perform a variety of dance steps particular to the style</li> <li>perform choreography in the Musical Theatre style</li> <li>observe and analyze video footage of repertory works in the style using vocabulary and core principles to inform their analysis</li> <li>discuss historical and cultural influences on the dance style</li> </ul> </li> </ul>

STEP 3 – TO CONSIDER	
Essential Questions	Vocabulary
What are the core principles of this style? What other genres are evident in Musical Theatre repertory and how do they compare and contrast to their pure forms? What are some of the cultural and historical influences on this dance style?	<ul> <li>dance steps particular to the dance style chosen</li> <li>core movement principles specific to the dance style</li> <li>selected dance figures and repertory pieces in the style chosen</li> </ul>

<b>STEP 4 - ACTIVITIES</b>	<b>STEP 5 - EVIDENCE</b>
Learning Activities – Technology - Integration	Assessments
<ul> <li>Baseline assessment to learn about what they already know about the dance style chosen</li> <li>Students will perform teacher-created choreography on their own</li> <li>Students will view video footage of the dance figures and repertory in the dance style chosen and analyze the works based on teacher-chosen criteria</li> </ul>	<ul> <li>Demonstration of teacher-created choreography</li> <li>Written analysis of two repertory works seen in class</li> <li>Vocabulary quiz (written or performed)</li> </ul>

Timeline: 5	weeks Junior High School Dance	Unit 4: Beginner Ballet
<b>STEP 1</b> – The students will demonstrate knowledge of skills and vocabulary of		
<b>BIG</b> beginner ballet technique and compare and contrast characteristics of the		
IDEA	genres of romantic, classical, neoclassical, a	nd contemporary ballet.

<b>STEP 2 - LEARNING OUTCOMES</b>	
NJCCC Standards - Content What Students will Know	<b>Instructional Objectives</b> – Skills What Students will be able to do
<ul> <li>1.1- Creative Process</li> <li>1.2- History of the Arts and Culture</li> <li>1.3- Performance</li> <li>1.4- Aesthetic Responses and Critique Methodologies</li> </ul>	<ul> <li>Students will be able to: <ul> <li>demonstrate and perform a variety of Ballet steps individually and in combination</li> <li>identify, compare, and contrast characteristics of different genres of ballet</li> <li>create short dance studies using Ballet vocabulary and specific characteristics of the dance genres</li> <li>discuss important points in the history of Ballet</li> <li>identify important figures in each genre of Ballet</li> </ul> </li> </ul>

STEP 3 – TO CONSIDER	
Essential Questions	Vocabulary
How do we accurately perform ballet	- review of Ballet positions of the
movements?	feet
	- Ballet vocabulary (pile, tendú,
What are the different genres of ballet?	rélévé, degagé, battement, rond de
	jambe, cou-de-pied, passé,
What characterizes each genre of ballet?	developpé, pirouette, body
	facings, arm positions, chaîné,
How can we use the characteristics of	piqué, balancé, arabesque,
each genre to inform our own ballet	attitutude, fondú, changement,
choreography?	glissade, assemblé, jeté, pas de
	boureé, pas de chat, echappé,
How has ballet evolved?	tombé, adagio, etc.)
	- Romantic, Classical, Neo-
	Classical, and Contemporary
	Ballet

STEP 4 - ACTIVITIES	<b>STEP 5 - EVIDENCE</b>
Learning Activities – Technology - Integration	Assessments
<ul> <li>Baseline assessment to learn about what they already know about ballet</li> <li>Ballet bare, center, and across the floor work</li> <li>Students will perform teacher-created choreography on their own</li> <li>Students will view video footage in each genre and fill out a graphic organizer to compare and contrast characteristics of each genre. Participate in a class discussion of observations.</li> <li>Create dance studies using selected ballet vocabulary and characteristics of the dance genres presented</li> </ul>	<ul> <li>Ballet skills test (bare, center, and across the floor) using a rubric to score student ability</li> <li>Student created choreographic studies based on rubric</li> <li>Completion of graphic organizer</li> </ul>

Timeline: 5 weeks Junior High School Dance Unit 5: Contemporary Modern

<b>STEP 1 –</b>	Students will identify and discuss the techniques that influence	
BIG	Contemporary Modern dance and apply elements of performance quality to	
IDEA	the performance of choreography in the dance style.	

STEP 2 - LEARNING OUTCOMES	
NJCCC Standards - Content What Students will Know	<b>Instructional Objectives</b> – Skills What Students will be able to do
<ul> <li>1.1- Creative Process</li> <li>1.2- History of the Arts and Culture</li> <li>1.3- Performance</li> <li>1.4- Aesthetic Responses and Critique Methodologies</li> </ul>	<ul> <li>Students will be able to: <ul> <li>demonstrate and perform movement skills specific to Contemporary Modern dance</li> <li>discuss the techniques that influence Contemporary Modern and identify specific examples of the influences</li> <li>recall elements of performance quality and apply them to the performance of the genre</li> <li>observe and discuss elements of performance quality in Contemporary Modern works</li> <li>construct and interpret meaning from dance</li> </ul></li></ul>

STEP 3 – TO CONSIDER	
Essential Questions	Vocabulary
How do we accurately perform movements specific to Contemporary Modern dance? What techniques have influenced contemporary modern dance? What are the elements of performance quality and how do they enhance a dancer's performance? How do we construct and convey meaning through dance?	<ul> <li>projection</li> <li>focus</li> <li>movement quality</li> <li>spatial awareness</li> <li>body awareness</li> <li>body awareness</li> <li>energy</li> <li>gesture</li> <li>facial expression</li> <li>narrative</li> <li>pedestrian movement</li> <li>pantomime</li> <li>symbolism</li> <li>Contemporary Modern choreographers/dancers: Bill T. Jones, Jennifer Muller, Sean Curran, Desmond Richardson, Mia Michaels, Mandy Moore, Twyla Tharp, Pilobolus, Robert Battle, etc.)</li> </ul>

STEP 4 - ACTIVITIES	STEP 5 - EVIDENCE
Learning Activities – Technology - Integration	Assessments
<ul> <li>-View video footage of different Contemporary Modern works and use unit vocabulary to discuss, compare, and contrast the works</li> <li>-Learn contemporary modern choreography and perform it using the stylistic elements discussed in the unit</li> <li>- Read about and view works of Contemporary Modern choreographers and identify influences from other dance genres</li> <li>- Take a simple dance phrase, manipulate it, and relate it to a world or life experience by using the elements discussed within the unit</li> </ul>	<ul> <li>-Manipulated dance phrases graded by a rubric</li> <li>-Performance of contemporary choreography based on rubric</li> <li>-Quiz on elements of performance quality</li> <li>-Participation in class discussion about Contemporary Modern choreographers and works</li> </ul>

Timeline: 4 weeksJunior High School DanceUnit 2: Folkloric Dance #2STEP 1 -Students will identify and apply general principles of the folkloric dance to<br/>create small choreographic studies that use dance concepts to communicate

students' intended purpose.

IDEA

<b>STEP 2 - LEARNING OUTCOMES</b>	
Instructional Objectives – SkillsWhat Students will be able to doStudents will be able to doStudents will be able to:- identify and demonstrate the generalmovement principles of the folkloric dancein their choreography- discuss historical and cultural traditionsof the country from which the danceoriginates	
5	

STEP 3 – TO CONSIDER	
Essential Questions	Vocabulary
<ul><li>What are the general movement principles of this dance?</li><li>What historical and cultural traditions influence this dance?</li><li>What are the purposes of this dance in its country/countries of origin?</li></ul>	<ul> <li>dance steps particular to the dance style chosen</li> <li>cultural and historical words of importance specific to the dance and the culture from which is comes</li> <li>general movement principles specific to the dance</li> <li>dance concepts that will be explored through studying the dance and in student choreography (i.e.: space, relationships, levels, etc)</li> </ul>

STEP 4 - ACTIVITIES	<b>STEP 5 - EVIDENCE</b>
Learning Activities – Technology -	Assessments
Integration	
-Students will view video footage of their dance work and fill out self-assessment sheets after viewing their work	
-Students will perform their dance study within the larger choreography created by teacher	

Timeline: 9 weeksJunior High School DanceUnit 7: Improvisation & CompositionSTEP 1 – BIGThe students will synthesize improvisational skills with choreographicIDEAdevices, structures, and elements to create a dance work.

<b>STEP 2 - LEARNING OUTCOMES</b>		
NJCCC Standards - Content	Instructional Objectives – Skills	
What Students will Know	What Students will be able to do	
	Students will be able to:	
1.1- Creative Process	- respond appropriately to	
1.2- History of the Arts and Culture	improvisational prompts and	
1.3- Performance	activities	
1.4- Aesthetic Responses and Critique	- create short dance studies based	
Methodologies	on improvisation	
	- describe and apply choreographic	
	devices, structures, and elements	
	to improvisation and	
	choreography	
	<ul> <li>create a dance work utilizing</li> </ul>	
	choreographic devices, structures	
	and principles	
	- analyze professional works for	
	their clear use of choreographic	
	devices, structures, and elements	
	O CONSIDER	
Essential Questions	Vocabulary	
	- improvisation	
	- composition	
How can improvisation lead to	- choreographic elements	
composition?	- levels: low, medium, high	
	- body design: curved, angular,	
What are the choreographic structures,	symmetrical, asymmetrical	
devices, and elements?	- pathway	
	- direction	
How do we structure a dance?	- facing	
How do anofossional change anothers use	- proximity	
How do professional choreographers use	- focus	
the choreographic devices, structures, and	- speed	
elements to convey meaning?	- phrasing	
	- motif	
	- repetition	
	- theme & variation	
	- rondo	
	- narrative	
	- chance	
	- force	
	- canon	
	- retrograde	
	- shape	

- accumulation
-

<b>STEP 4 - ACTIVITIES</b>	STEP 5 - EVIDENCE
Learning Activities – Technology - Integration	Assessments
<ul> <li>Students will participate in various improvisational exercises focused on teaching elements of choreography</li> <li>Watch video footage of different dance works that clearly display use of choreographic structures, devices, and elements. Participate in class discussion.</li> <li>Create a dance work that utilizes different choreographic elements, structures, and devices</li> <li>"Works in progress" showing of dance works at midway point. Students will engage in conversation about the elements, devices, and structures evident in the works.</li> </ul>	-Self- and peer- assessments of dance works -Graded dance works based on rubric -Journaling of the creative process

## **High School Dance**

Timeline: 9	weeks High School Unit: 1 Elements/Dance Terms and Techniques
<b>STEP 1 –</b>	Students will develop and demonstrate applied principles of anatomy,
BIG	dance terms, and technique to initiate movement and insure safe use of the
IDEA	body. The students will refine all main dance technique areas and specific
	dance vocabulary related to the efficient and artful use of the body
	instrument while in preparation for ongoing performances instilled within
	the dance disciplined classroom.

STEP 2 - LEAR	NING OUTCOMES
NJCCC Standards - Content	Instructional Objectives – Skills
What Students will Know	What Students will be able to do
	Students will be able to:
1.1- Creative Process	<ul> <li>Recognize and identify specific</li> </ul>
1.2- History of the Arts and Culture	dance elements. (Beginning,
1.3- Performance	Intermediate,
1.4- Aesthetic Responses and Critique	Advanced/Ensemble, Honor
Methodologies	Dance syllabus)
	- Apply knowledge of counting to
	teacher guided warm-up exercises
	- Demonstrate knowledge of the
	origins of Ballet
	- Retain facts about the
	development of Ballet through the
	use of a timeline
	- Discuss and identify Modern and
	Ballet techniques and their effect
	on the development of each genre
	of modern and ballet dance.
	- Discuss healthful/ unhealthful
	living choices as they relate to
	performance
	- Provide examples of cultural and
	historical influences in dance and
	describe how each interacts.
	<ul> <li>Experience and discuss Musical</li> </ul>
	Theatre (Jazz, Tap, or Character)
	as a dance form that is driven by
	plot and story.
	- Recognize and identify dance
	elements (advanced terms) in a
	dance syllabus and evaluate the
	use of each element through the
	articulation of an informed
	response.
	- Define all dance terms as
	described in the specified dance

syllabus (Beginning
Intermediate, Advance/Ensemble,
and Honors Dance.)
- Translate the advanced French
terminology of ballet into actions
- Demonstrate a proficiency in
using dance terminology to
communicate dance concepts
- Identify two choreographic styles
from different cultures
- Identify the difference between
classical and contemporary ballet
with regards to their place in
history
- Compare and contrast several
modern techniques as they relate
to a time in history
- Compare and contrast several
cultures and their contributions to
dance
- Identify and recognize 3
choreographers and identify the
style of their work and the plot or
story of the dances (Ex. Martha
Graham, Alvin Ailey, Wade
Robson)
- Evaluate healthful living choices
as they affect performance, class
work, and rehearsals
- Identify core principles of modern
and apply them to student
choreography
- Identify core principles of Ballet
and apply them to student
choreography
- Translate the basic French
terminology of ballet into actions
- Count and phrase music using
rhythmic patterns and counts
- Demonstrate a proficiency in
using dance terminology to
communicate dance concepts
- Identify modern dance movement
that originated in African dance
- Explore how dance functions as a
part of everyday life.
- Understand dance in today's
society and how dancers are
 perceived by the public

<ul> <li>Identify dances that are a result of other cultures</li> <li>Discuss modern dance techniques and its affect on the development</li> </ul>
of Modern dance styles. Ex: Lyrical, Contemporary, Modern, and Post Modern,
- Observe a choreographed dance and demonstrate how various senses change perception and communication in a dance routine
- Evaluate and interpret the goals of selected dance techniques.
- Discover dance techniques as a creative process and a means to self-expression
- Identify the idea, thematic content or feeling in a dance routine, study or video
- Use advanced improvisation to depict a concept, idea or dance
<ul> <li>Provide examples of cultural and historical influences of the theatre on dance and choreography</li> </ul>

STEP 3 – TO CONSIDER	
Essential Questions	Vocabulary
What are the core principles of Modern,	Beginning Ballet
and Ballet Dance Techniques?	Plié, Demi & Grand
1	Tendu
Who are some well-known Modern	Rélévé
dancers and choreographers?	Develope
	Passé
Who are some well-known Ballet dancers	Jeté
and choreographers?	Chasse
	Assemble
	Port de Bras
What is the timeline of Modern dance and	Chaine
Ballet dance?	Adagio
	Allegro
How can we apply the principles of	Intermediate Ballet
Beginning Modern and Beginning Ballet	Rond De Jambe
to our choreography?	Balance
	Glissade
How can we apply the principles of	Echape
Intermediate Modern and Intermediate	Pique
Ballet to our choreography?	Coupe
	Pas De Deux
How can we apply the principles of	Arabesque
Advanced Modern and Advanced Ballet to	Saute
our choreography?	Pas De Chat
	Adagio
How do we observe Modern and Ballet	Allegro
dance studies or videos?	Chaine Turns
	Pique Arabesque
Who are "The Big Four" (Modern Dance	Advance Ballet
Pioneers?)	Adagio
	Allegro
What are the five fundamental positions of	Arabesque
the feet and arms in Ballet and Modern	Balance
dance techniques?	Pas De Basque
	Cabriole
How can we apply the French language to	Pas De Chat
our dance elements, terms and techniques?	En Cloche
	Coupe
How can we apply healthful living and	Rond De Jambe
proper food as they affect our	Chappe
performances, class work, and rehearsals?	Frappe Fouette
	Ferme, Ouvert
How can we introduce Pointe Study to	Grand Jeté
trained and advanced dancers? (Heavily	Passé
Teacher Recomendation)	Pique

Don't Do Drog
Port De Bras
Penche
Reverence
Sissone
Soutenu
Tendu
Tombe
Arabesque1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd &amp; 4th Method</sup>
Beginning Modern
Modern Walks
Modern Runs
Jeté
Drag Slide
Chasse
Kick Ball Change
Pas De Bourree
Triplets
Grand Battements
Fan Kicks
Floor Fan Kicks
Pivot Turns Doddla Turna
Paddle Turns
Single Modern Turn Inside
Single Modern Turn Outside
Hitch Kicks
Modern Split To The Floor
Falls Side & Front
Intermediate Modern
Double Inside Turns
Double Outside Turns
Combination Inside/Outside
Step Turn (For Arm Placement)
Triplets
Soutenu To Fourth
Touch Turns
Pencil Turns
Pique Turns
Step Hop In Opposition/W/Turn
Jeté Straddle
Drag Step
Sissone Cut
Hinges To The Knee
Reverse Hitch
Big Kicks, Front Side Back Sauté
Coupe Chasse Pas De Bouree, Run
to Jeté
Advanced Modern
Dance Walk

Runs, Jumps, Hops         Prance         Leap         Gallop         Skip         Tilt         ContractRelease         Falls         Lateral Tilt         Beginning Dance Terms         Turn Out / Parallel         Beat / Upbeat / Downbeat         and Counts         Triplets         Alignment vs. Placement         Posture         Five Sections of Vertebrae         Pelvis         Choreographer         Choreograph         Dynamics         Projection         Improvisations         Stage Directions         Pilates         Creative Visualization         Constructive Rest         Line         Mark / Full Out         Minstrels         Jitterbug         Hoofers         Lyrical Dance         Patterns, Levels & space         Intermediate Dance Terms         From Jazz History; Shuffle, Two         Step, Ball Change, Box Step, Pivot, Contraction, Fall Rebound, Chug, Grapevine, Paddle Turn, Polka, Stomp         Bones & Muscles (Skeleton Handout         Jump Into Jazz")         Joints	 
Prance Leap Gallop Skip Tilt Contraction Contraction Contracton Contracton Contracton Contractor Beginning Dance Terms Turn Out / Parallel Beat / Upbeat / Downbeat and Counts Triplets Alignment vs. Placement Posture Five Sections of Vertebrae Pelvis Choreographer Choreographer Choreography	Heel Walk
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Titi         Contract/Release         Falls         Lateral Tilt         Beginning Dance Terms         Turn Out / Parallel         Beat / Upbeat / Downbeat         and Counts         Triplets         Alignment vs. Placement         Posture         Five Sections of Vertebrae         Pelvis         Choreographer         Choreograph         Dynamics         Projection         Improvisations         Stage Directions         Pilates         Creative Visualization         Constructive Rest         Line         Mark / Full Out         Minstrels         Jitterbug         Hoofers         Lyrical Dance         Patterms, Levels & space         Intermediate Dance Terms         From Jazz History; Shuffle, Two         Step, Ball Change, Box Step, Pivot,         Contraction, Fall Rebound, Chug,         Grapevine, Padle Turn, Polka, Stomp         Bones & Muscles (Skeleton Handout         Jump Into Jazz")         Joints         Powerhouse         Flexibility         Tempo	Gallop
Contract/Release Falls Lateral Tilt Beginning Dance Terms Turn Out / Parallel Beat / Upbeat / Downbeat and Counts Triplets Alignment vs. Placement Posture Five Sections of Vertebrae Pelvis Choreographer Choreography Choreography Choreograph Dynamics Projection Improvisations Stage Directions Pilates Creative Visualization Constructive Rest Line Mark / Full Out Minstrels Jitterbug Hoofers Lyrical Dance Patterns, Levels & space Intermediate Dance Terms From Jazz History; Shuffle, Two Step, Ball Change, Box Step, Pivot, Contraction, Fall Rebound, Chug, Grapevine, Paddle Turn, Polka, Stomp Bones & Muscles (Skeleton Handout Jump Into Jazz") Joints Powerhouse Flexibility Tempo	Skip
Contract/Release Falls Lateral Tilt Beginning Dance Terms Turn Out / Parallel Beat / Upbeat / Downbeat and Counts Triplets Alignment vs. Placement Posture Five Sections of Vertebrae Pelvis Choreographer Choreograph Dynamics Projection Improvisations Stage Directions Pilates Creative Visualization Constructive Rest Line Mark / Full Out Minstrels Jitterbug Hoofers Lyrical Dance Patterns, Levels & space Intermediate Dance Terms From Jazz History; Shuffle, Two Step, Ball Change, Box Step, Pivot, Contraction, Fall Rebound, Chug, Grapevine, Paddle Turn, Polka, Stomp Bones & Muscles (Skeleton Handout Jump Into Jazz") Joints Powerhouse Flexibility Tempo	Tilt
Falls         Lateral Tilt         Beginning Dance Terms         Turn Out / Parallel         Beat / Upbeat / Downbeat         and Counts         Triplets         Alignment vs. Placement         Posture         Five Sections of Vertebrae         Pelvis         Choreographer         Choreography         Choreography         Obreography         Choreography	Contraction
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Beginning Dance Terms         Turn Out / Parallel         Beat / Upbeat / Downbeat         and Counts         Triplets         Alignment vs. Placement         Posture         Five Sections of Vertebrae         Pelvis         Choreographer         Choreograph         Dynamics         Projection         Improvisations         Stage Directions         Pilates         Creative Visualization         Constructive Rest         Line         Mark / Full Out         Minstrels         Jitterbug         Hoofers         Lyrical Dance         Patterns, Levels & space         Intermediate Dance Terms         From Jazz History; Shuffle, Two         Step, Ball Change, Box Step, Pivot,         Contraction, Fall Rebound, Chug,         Grapevine, Paddle Turn, Polka, Stomp         Bones &Muscles (Skeleton Handout         Jump Into Jazz")         Joints         Powerhouse         Flexibility         Tempo	Falls
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and Counts Triplets Alignment vs. Placement Posture Five Sections of Vertebrae Pelvis Choreographer Choreograph Dynamics Projection Improvisations Stage Directions Pilates Creative Visualization Constructive Rest Line Mark / Full Out Minstrels Jitterbug Hoofers Lyrical Dance Patterns, Levels & space Intermediate Dance Terms From Jazz History; Shuffle, Two Step, Ball Change, Box Step, Pivot, Contraction, Fall Rebound, Chug, Grapevine, Paddle Turn, Polka, Stomp Bones &Muscles (Skeleton Handout Jump Into Jazz") Joints Powerhouse Flexibility Tempo	Beat / Upbeat / Downbeat
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Contraction, Fall Rebound, Chug, Grapevine, Paddle Turn, Polka, Stomp Bones &Muscles (Skeleton Handout Jump Into Jazz") Joints Powerhouse Flexibility Tempo	
Grapevine, Paddle Turn, Polka, Stomp Bones &Muscles (Skeleton Handout Jump Into Jazz") Joints Powerhouse Flexibility Tempo	
Bones &Muscles (Skeleton Handout Jump Into Jazz") Joints Powerhouse Flexibility Tempo	
Jump Into Jazz") Joints Powerhouse Flexibility Tempo	
Joints Powerhouse Flexibility Tempo	
Powerhouse Flexibility Tempo	
Flexibility Tempo	
Tempo	Powerhouse
Tempo	Flexibility
-	
	Beat

	Rhythm Musical Phrase Note Value Tree Example (Jump For Jazz) Alignment Placement Pilates Effort, Mental Emotional Inner Pulse Resistance Advance Dance Terms Kinesiology Pilates Placement (Skeletal) Muscle Groups Joints, Spine, Vertebrae Social ,Ballet ,Modern Jazz, Tap, Musical Theatre Flexion Tension Resistance Terpsichore Choreographic Forms Creative Visualization
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STEP 4 - ACTIVITIES	<b>STEP 5 - EVIDENCE</b>
Learning Activities – Technology -	Assessments
Integration	
-Teach a combination of exercises to	Students will be assessed by:
music (isolations)	-Written tests that examine the
-Have students take a partner and teach	knowledge of dance terminology
each other the same isolations with	
proper counts and usage of terms.	-A student demonstration of
-Teacher then choreographs a dance	physical movement from a verbal
sentence.	command
Students identify the isolations.	
Students identify the dance term.	-A teacher demonstration of a
- Repeat through the use of video, two	dance position, dynamic or
choreographic styles from African dance	element, and student response in
basic elements.	writing
-Teach basic ballet concepts of,	
chasse', assemble, glissade, chasse'	-Teacher observations of students
-Review Isolations	understanding of historical
Divide the class into groups and have each	relationship of past to present
group develop a modern phrase of	
movement based on the above 1-4	-Students' ability to follow
- Students will read "A Sense of	directions and work within a group

Dance" The Laws of (Loco) Motion, Part II, The Elements of Dance, chapter 5, 6, 7, and 8.

-Students will think about the spaces they occupy during the day. What range of movements do those spaces allow? Example- Go to a sporting event or practice and observe the movements of the athletes. Write down the sequence of as many of their movements as you can in 5 minutes of observation. While you are there, write down your estimate of the dimensions of the space they have to work in. Students will work in trios and develop a movement conversation by taking turns moving and responding then choose the most interesting moments from each position.

- Students will observe various video presentations; ex; Alvin Ailey "Revelations" "Martha Graham Dance on Film" "Nutcracker"

-Answer Questions: How did the dance make you feel? Were the characters or dancers responsible for the communication of the feelings? Why? What role does the choreographer play in the communication of the dance? (discussion)

-Students listen to a selected old negro spiritual.

-Students employ creative visualization to create a story that exists in their minds.

-Students write the story into a journal.

-Students begin the process of improvising movement that would best convey the emotions of that story.

-Research articles on dance and nutrition.

-Teacher evaluates for accuracy, completion and content

-Completion and content of written answers to questions

-Their journal entries and the demonstration of examples of movements that best convey the idea or emotion

-A written test which relates questions of dance, nutrition and life and is based on the research and class findings

-Completion of the combination, and a demonstration of the understanding of the "style"

-Completion of Ballet and Modern timeline

-Teacher evaluates for accuracy completion and content of the timeline

-Verbal responses to dance demonstrations and the correct association to dance definitions, techniques, elements, and terms

-A demonstration of movements that best convey the idea or emotion

-Participation of stretch warm-up and discussion of the correlation of proper, healthy, and non-injury teacher-guided exercises

- Parent or Legal Guardian signature on syllabus returned within 2 consecutive school days

-Content and completion of choreographed sequence with regard to an understanding of

-Dance and smoking. -Dance and drug abuse -Dance and alcohol abuse. -Record your results. -Chart your own eating habits (Food Log) for one week... Write a selfevaluation of the results. - Video observation of "Revelations" -Students learn a combination that is typical Alvin Ailey reconstructed by the teacher "Old Negro Spirituals" -Students identify the "style" Students re-create the style, in a group combination - Teach a combination of beginning, intermediate, and advanced exercises to music. (adagio) -Have students take a partner and teach each other the same adagio with proper counts and usage of dance terms. -Teacher then choreographs a dance sentence. a. Students identify the vocabulary b. Students identify the dance terms - Read "The Power of Dance" A sense of Dance, and extract a timeline of the development of modern dance as we know it today. - Observe "dance explosions" to compare and contrast several dance styles and ask students to identify the genre of dance and relate it to its place in history. - Define classical and contemporary ballet. Discuss the division and the meaning of classical as it relates to ballet and to all the arts - Follow and execute basic Pilate and voga stretches. - Follow and execute Zena Rommett Floor Barre exercises - Review proper posture and placement...discuss the advantages of muscular alignment and good posture to health. - Teach a combination of exercises using Modern Technique (Horton) or Ballet Technique (Balanchine)

- Have students take a partner and

classical vs. contemporary dance styles

- Participation, Effort, Attitude, Character, Discipline, and Required Dance Attire

-Their ability to make a physical distinction between styles of modern dance and ballet dance

-The completion of the recipe and a dance that fulfills the ingredients

-A final discussion on images and movement

-Content and creative delivery of the poster assignment message

-A written assessment of their ability to differentiate the styles of each choreographer in the genre of Modern and Ballet Dance.

teach each other the same exercise with	
proper counts and usage of terms.	
-Teacher then choreographs a dance	
sentence.	
-Students will learn the Horton series	
"Dimension "exercises from Horton	
technique, Falls from Graham	
technique, and rebound exercises from	
Limon technique.	
-Students will review "A Sense of	
Dance" chapter 2, Modern dance,	
Definitions and History.	
-Relate the three techniques to a period	
in time. Written assignment.	
- Students will receive a recipe of	
movement. (Ex: 4 contractions, 2	
spirals, 1 Jeté, 1 fall, 5 swings) add an	
emotion and a pattern.	
1	
-Students will form groups and follow	
the recipe to create a dance	
1	
-Answer Questions: How did the dance	
make you feel? Were the dancers	
responsible for the communication of	
the feelings? Why? What role does the	
choreographer play in the	
communication of the dance?	
(discussion)	
-Students are asked to design a poster	
for the dance studio that shows a health	
"Do's" or "DON'T" for dancers.	
At this level dancers should use their	
experiences from beginning, intermediate,	
and advanced dance to formulate these	
rules.	
Tuico.	

Timeline: 9	weeks	High School	Unit 2: Creation and Choreography
<b>STEP 1 –</b>	The stude	nts will demonstrate clar	ity of performance and vocabulary of
BIG	Beginning, Intermediate, and Advanced Choreography. Students will		
IDEA	distinguish the styles and specific techniques and compare and contrast the		
	principles and styles of dance from a visual presentation.		

<b>STEP 2 - LEARNING OUTCOMES</b>			
NJCCC Standards - Content	Instructional Objectives – Skills		
What Students will Know	What Students will be able to do		
	Students will be able to:		
1.1- Creative Process	-Demonstrate clarity in performing		
1.2-	dance vocabulary		
1.3- Performance	-Distinguish the styles and		
1.4- Aesthetic Responses and Critique	principles of a specific dance study		
Methodologies	and routine		
	-Create a dance sentence using		
	dance vocabulary and dance terms		
	-Demonstrate choreographic		
	structures within a dance		
	composition		
	-Demonstrate improvement in		
	performing Beginning,		
	Intermediate, and Advanced		
	movement combinations through		
	application of demonstrated		
	corrections guided by dance teacher		
	-Compare and contrast basic		
	principles and styles of dance from		
	a visual presentation		
	-Demonstrate and integrate the use		
	of choreographic structures within a		
	self –made composition		
	-Demonstrate and explore		
	improvement in performing		
	Beginning, Intermediate, and		
	Advanced movement combinations		
	through self-evaluation		

<b>STEP 3 – T</b>	O CONSIDER
Essential Questions	Vocabulary
How do we engage in clarification of the	Beginning Jazz
performing dance vocabulary?	Jazz Walks
	Jazz Runs
What are the similarities and differences	Jeté
between specific dance styles of	Jazz Slide
Choreography and Advance	Grapevine
Improvisation?	Chasse
	Kick Ball Change
How do we create a dance sentence using	Pas De Bourree
vocabulary and dance terms?	Triplets
	Grand Battements
How do we recognize structured	Fan Kicks
choreography within dance compositions?	Pivot Turns
	Paddle Turns
What are the elements of a production?	Single Jazz Turn Inside
	Single Jazz Turn Outside
How do we foster creative student	Hitch Kicks
choreography?	Jazz Split To The Floor
	Falls Side & Front
How do students process teacher learned	Intermediate Jazz
choreography?	Double Inside Turns
	Double Outside Turns
How do life experiences define and	Combination Inside/Outside
motivate the student choreographer?	Step Turn (For Arm Placement)
	Triplets
How does journal writing allow you to	Soutenu To Fourth
review and experience choreographed	Touch Turns
dance solos and choreographed 3 minute	Pencil Turns
dance duets, trios, small groups, kick-	Pique Turns
lines or large groups?	Step Hop In Opposition/W/Turn
	Jeté Straddle
How do students cite, explain, and	Drag Step
construct dance criticism while using a	Sissone Cut
teacher rubric?	Hinges To The Knee
	Reverse Hitch
What are proper shoes used for specific	Big Kicks, Front Side Back
choreographic dance combinations?	Sauté
	Coupe Chasse Pas De Bouree, Run
What dance floors and supplies prevent	Jeté
feet from rolling inward during	Advance Jazz
choreographed structured learned	Intermediate Vocabulary Review
combinations?	Combination Inside, Turns Double
	Combination Outside Turns, Double
How do students compare and contrast	Coupe Chasse PDB With A Run To
Beginning, Intermediate, and Advance	Jeté'
principles and styles of dance from	Windmill Chaine
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observing a professional University	Chasse Coupe Jeté
Student Dance Concert Productions?	Tour Jeté
	Pique Turns
What dance projects enable students to	Arabesque Turns
improve and correct creative dance	Soutenu En Lair
structures within original choreography?	Falls Side And Front
Service of the servic	Lay Outs
How do students choreograph structured	Hand Stand To A Split (Men)
compositions and apply selected	Knee Slides
Beginning, Intermediate or Advance	Calypso Floor Jump
vocabulary?	Hinge To The Floor
5	Skaters Turn
What determines a student's length of	Russians(Men)
choreography? Beginning Students must	
display a minimum of 1 minute in length.	
Intermediate Students must display a	
minimum of 2 minutes in length.	
Advanced students must display a	
minimum and maximum length of 3	
minutes.	
How can students journal a lighting plot,	
prop plot, and costume plot for a specific	
dance technique and variety of dance	
styles?	
Do students prefer verbal or written	
corrections applied to creative and	
choreographed combinations?	
How do advance aborecerenhers connect	
How do advance choreographers connect	
digital plots and scenery to their creative dance projects?	
dance projects?	
How will students evaluate and create a	
dance resume?	
dunce resume:	
What are some demonstrations of	
consistent	
Learned principles of dance from an	
Advance Dance performance.	
· r · · · · · · · · · · · · · · · · · ·	
What students will compose a dance	
within all the interdiscilines?	

-Demonstrate improvement in performing movement combinations through application of verbal corrections.	

Timeline: 9	weeks	High School	Unit 3: Performance
<b>STEP 1 –</b>	Students disting	uish the similarities and diffe	rences between a variety of
BIG	dance works and	d dance careers. Students will	analyze and discuss the
IDEA	thematic conten	t or feeling in a dance study c	or dance performance and
correctly accomplish the production aspects, and formations of each dance.			
Students will define and distinguish between the various dance magazines,			
	dance journals,	dance job websites, and resou	rces that are available to
	research the dar	ce careers in the performing	arts.

<b>STEP 2 - LEARNING OUTCOMES</b>		
NJCCC Standards - Content	Instructional Objectives – Skills	
What Students will Know	What Students will be able to do	
	Students will be able to:	
1.1- Creative Process	-Demonstrate clarity in performing	
1.2- History of the Arts and Culture	specific dance techniques	
1.3- Performance	-Identify basic principles of	
1.4- Aesthetic Responses and Critique	anatomy, physiology, and	
Methodologies	kinesiology	
	-Demonstrate a Yoga, Pilate's, and	
	Horton exercise	
	- Create movement studies using	
	themes that have unity of form and	
	content	
	-Demonstrate active and energized	
	participation in the creative dance	
	process or improvisational	
	techniques	
	- Identify technological or digital	
	equipment that may be used in the	
	production of dance	
	-Define the technology used in	
	some dance videos or dance	
	concerts. (Ex. PPP, Scenic	
	Background)	
	- Identify various career	
	opportunities related to dance and	
	the performing arts	
	-Define and distinguish between the	
	0	
	various dance magazines, dance	
	journals, dance job websites, and resources that are available to the	
	research of careers in the	
	performing arts	
	-Analyze and discuss the thematic	
	content or feeling in a dance study	
	or dance performance	
	-Practice creative visualizations	
	-Use improvisation to depict a	

concept or idea and dance sentence - Create movement studies using themes that have unity of form and content within a certain structure of dance production
-Create movement studies using the
Beginning, Intermediate, and
Advanced elements of dance
-Demonstrate knowledge of
Beginning, Intermediate, and
Advanced choreographic forms
-Complete and Observe a dance
audition
-Define and Participate in a
structured dance audition workshops
at Montclair State University or
local higher educational institutions
-Provide examples of cultural and
historical influences in dance and
describe how each interacts
-Experience and discuss theatre
-
dance as a dance form driven by
plot and story

STEP 3 – TO CONSIDER		
Essential Questions	Vocabulary	
What technical devices or equipment can	Dance Audition	
be used to improve a dancer's experience	Dance Conventions	
in a production?	Dance Workshops	
	Dance Stage manager	
What websites are useful to recognize	Dance Production Manager	
various career options related to dance and	Dance Lighting Stage Manager	
performing arts? <u>www.Danceorbust.com</u> ,	Dance Manager	
www.Dance.net, www.dancenyc.org,	Dance Costumer	
www.dancenj.org, www.backstage.com,	Dance Historian	
www.stagedooraccess.com,	Dance Author	
www.playbill.com, www.starbound.net,	Dancer	
www.careertransition.org	Choreographer	
	Dance Director	
What technology is used in dance videos?	Lighting Designer	
	Teacher	
How to build a dance resume?	Dance Critic	
www.dancehelp.com	Dance Costumer	
	Dance Reporter	
When should a student start the portfolio	Dance Artistic Director	
process?	Dance Judge	
	Dance Magazine Editor	
What inspires your music selection?	Dance Anthropologist	

	Dance Swing
How do students begin the process of	Aesthetics
choreographing?	Dance Stage Positions
	Dance librarian
	Dance Therapist
	Headshots/Pictures
	Body or Dance full body pictures
	Resume
	Dance Career

STEP 4 - ACTIVITIES	<b>STEP 5 - EVIDENCE</b>
Learning Activities – Technology -	Assessments
Integration	
<ul> <li>Students listen to a selected musical piece</li> <li>Students employ creative</li> </ul>	-Verbal reports on audition choice - A demonstration of quick memorization skills regarding movements during an audition
visualization to create a story exists in their minds	<ul> <li>Written paper and research on career opportunities in dance</li> </ul>
- Students write the story into journal	a - Observation and demonstration of Performance concepts
- Students begin the process o improvising movement that best convey the emotions of story	would Intermediate, and Advanced
- Students will research a varie music selections and create a visualization to create a story	ety ofof memorized warm up exercise- Participationy that- Identification of the components of
<ul><li>exits in their everyday life</li><li>Students observe Rent</li></ul>	lighting -Identification of the components of
- Students are taught a combin	ation sound
<ul> <li>from the stage choreography</li> <li>Students will read the lyrics song, and express the story</li> </ul>	-
<ul> <li>through the movement</li> <li>Students will discuss the characteristics homeless and</li> </ul>	the
<ul> <li>Students will identify the sty Marlies Yearby through the sto of Rent</li> </ul>	le of
- Students will construct and research a professional dance	er's
<ul> <li>resume</li> <li>Students will research a spec dance career and complete a</li> </ul>	
<ul> <li>teacher guided questionnaire</li> <li>Students will be taught Horte</li> <li>Technique, Graham Techniq</li> <li>Limón Technique, Dunham</li> </ul>	on
<ul> <li>Technique, some Primus</li> <li>Technique and exercises incl</li> <li>Advanced Dance production</li> <li>project: with emphasis on</li> <li>technology and digital</li> </ul>	
<ul> <li>engagement.</li> <li>Student submits a concert the on paper only for the Spring</li> </ul>	eme

	Concert. Must include a theme	
	and some music selections	
-	Students will chart performance	
	areas of a stage with regard to	
	lighting plots	
-	Student will submit a costume plot	
_	Student will create a rehearsal	
	schedule	
-	Teacher brings the following	
	papers to class: Backstage,	
	Variety, Show Business, Ross	
	Reports, Dance Teacher	
_	Students create mock audition and	
	teach the combination in 15	
	minutes. Perform it in a group and	
	be subjected to being kept or cut.	
-	Create a resume that is appropriate	
	for a dance audition	

Timeline: 9 v	weeks	High School	Unit 4: Theory
<b>STEP 1 –</b>	Students will der	monstrate fluency in commun	icating concepts using
BIG	, , , , ,		
IDEA	provide examples	s of cultural and historical infl	uences in dance using Dance
	History. Students	will compare and contrast the	e thematic content and
	feelings of severa	al dance compositions.	

<b>STEP 2 - LEARNING OUTCOMES</b>		
NJCCC Standards - Content	Instructional Objectives – Skills	
What Students will Know	What Students will be able to do	
	Students will be able to:	
1.1- Creative Process	-Utilize a set of criteria to evaluate work	
1.2- History of the Arts and Culture	using positive commentary	
1.3- Performance	-Demonstrate fluency in communicating	
1.4- Aesthetic Responses and Critique	concepts using Beginning, Intermediate,	
Methodologies	and Advance dance terminology	
	-Demonstrate knowledge of specific	
	dancers and choreographers with regards to	
	their genre of dance, and their contributions	
	to the dance world	
	-Solve basic movement problems through	
	the use of critique	
	- Identify differences of dance expression	
	throughout the world	
	-Recognize expressive body movements	
	that occur in the human experience using	
	dance terms and vocabulary	
	-Provide examples of cultural and historical	
	influences in dance using dance history	
	-Demonstrate African influences on dance	
	within the research of dance history	
	-Discuss dance in media and illustrate	
	connections between dance and the	
	preservation of current culture	
	-	
	- Analyze reasons for differences in dance	
	expressions throughout the world	
	-Provide examples of cultural and historical	
	influences in dance and analyze how	
	history/culture parallels artistic	
	development	
	- Demonstrate Advanced /African and	
	Latin dance history while completing a	
	guided questionnaire	
	-Provide examples of cultural and historical	
	influences in dance and analyze how	
	history/culture parallels artistic	
	development	
	- Compare and contrast the thematic	

content and feelings of several dance compositions

STEP 3 – TO CONSIDER	
Essential Questions	Vocabulary
-How do we compare and contrast the	Dance Compositions
thematic content and feeling of several	Dance History
dance compositions?	Dance Analysis
	Dance Criticism
-How do we discuss the history of dance?	Modern dancers/choreographers
	(Isadora Duncan, Rudolph Laban,
What are the criteria to evaluate	Paul Taylor, Merce Cunningham,
appropriate dance criticism?	Alvin Ailey, Alvin Ailey
	American Dance Theater, Trisha
What are dance compositions?	Brown)
How do we research the history of dance?	

STEP 4 - ACTIVITIES	<b>STEP 5 - EVIDENCE</b>
Learning Activities – Technology -	Assessments
Integration	
<ul> <li>Students research the history of Higher Education Institutional dance programs.</li> <li>Students will Google Dance Historians and Philosophers</li> <li>Observation and critique of: <ol> <li>Revelations, Alvin Ailey</li> <li>Fall River Legend, Dance Theatre of Harlem</li> <li>Push comes to Shove, Twyla Tharp</li> <li>Romeo and Juliet, New York City Ballet</li> <li>Students choreograph a group dance sequence that will communicate one single emotion. Ex; Angry shoppers, Happy children</li> <li>Students perform their sequence and classmates will determine if the meaning was communicated.</li> <li>The choreographers will take the improvement suggestions and make specific changes.</li> <li>The group will present the dance with the changes and the critics will cite the improvement.</li> <li>Research local dance companies that preserve their culture through dance.</li> <li>Example: Nai Ni Chen. Lulu Washington, Ballroom etc. Bring information about that group and its culture to class. Dance Theatre of Harlem, Robert Battle Dance Company, Philadanco Dance Company, Paul Taylor Dance Company, Alvin Ailey Dance Theatre, Sharron Miller Dance Academy</li> <li>Student is asked to review the Persuasive essay format and complete an essay that supports the following statement with examples; "All styles of dance has its roots in the past and is constantly being re-invented, re-designed and renewed.</li> <li>Students observe Fela</li> <li>Students are taught a combination from Fela (folklore)</li> </ol> </li> </ul>	<ul> <li>Completion and content of the research and facts that support the statement with regard to knowledge derived from the history of dance.</li> <li>Correct persuasive format of essay</li> <li>A written assessment of their ability to differentiate the styles of each choreographer in the genre of theatre dance.</li> </ul>

<ul> <li>Students will discuss the characters anguish and relate it to current events</li> <li>Students will identify the style of Bill T. Jones through the study of Fela</li> </ul>
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